USM’S MISSION

The University of Santa Monica is dedicated to communicating the Principles and Practices of Spiritual Psychology™ Worldwide through the process of Soul-Centered Education.
“It is becoming more and more clear that increasing numbers of people globally are responding to what we refer to as an Evolutionary Impulse. Perhaps you are someone who has realized that true happiness and fulfillment are not goals to be achieved by success in the material world. Rather, they are the result of Awakening into the realization of who you truly are, what your purpose is, and how you can make a meaningful contribution in your world. If so, welcome to the ranks of those who are discovering what it means to be Loyal to Your Soul.”

—Drs. Ron and Mary Hulnick
The University of Santa Monica is a dynamic educational institution dedicated to communicating the Principles and Practices of Spiritual Psychology worldwide through the process of Soul-Centered education.

Spiritual Psychology—the study and practice of Conscious Awakening—is a technology that empowers students to convert their everyday life experience into rungs on the ladder of Spiritual Awakening.

For more than 35 years, USM has offered pioneering programs supporting more than 5,500 students in Awakening more fully into the Awareness of who they truly are, resulting in enhanced levels of meaning and fulfillment both personally and professionally, and empowering students to live in greater harmony with their life’s purpose.

Classes take place in an uplifting Soul-Centered learning environment that nurtures the awakening of the human Spirit inherent in each student. The curriculum in Spiritual Psychology is designed to provide students with practical information, tools, and experience for transforming their consciousness and transforming their lives.

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USM offers the following Programs:

**Soul-Centered Living:** A 10-Month Certificate Program in Spiritual Psychology

**Life Mastery & Soul-Centered Living:** A 10-Month Certificate Program in Advanced Spiritual Psychology

**Consciousness, Health & Healing:** A 10-Month Certificate Program in Advanced Spiritual Psychology

**Soul-Centered Professional Coaching:** Facilitating Success on Both the Goal Line and the Soul Line of Life

*University’s right to modify or change catalogue*

The University reserves the right to make additions, deletions, and modifications to curricula, course descriptions, educational policies, class schedules, and tuition and fees. Although every effort is made to ensure the accuracy of the information published in the *University of Santa Monica Catalogue*, it is normal to expect changes in course listings and other information. Notices of such changes are widely distributed on campus. The University reserves the right to effect changes without notice or obligation, including the right to discontinue a course or group of courses or a program. The University expects each student to have knowledge of the information presented in the *Catalogue*. 
Like each of us, the world of education is evolving. In each era, institutions of higher learning have brought forward new paradigms of thought and practice to assist the world in overcoming the challenges of the times. And so, for hundreds of years, institutions of higher learning have been operating within the paradigm of Knowledge, meaning the acquisition of information, in service to fueling passages marked by monikers like the “Industrial Age” and the “Information Age.”

As we look around the world today, could it be that a new paradigm of thought and practice is needed? If, at any moment, we turn on our televisions, we may witness the devastation of an earthquake in one part of the world, the bellowing of oil into the sea in another, the refugees of a war in yet another, and economic instability seemingly everywhere. Is what the world needs at this juncture more knowledge? Or might now be the time for a new paradigm that heralds the transcendent and healing power of Wisdom, which is the result of converting information through life experience?

Would it be in service to humanity for there to be an institution of higher learning whose purpose was not to equip students with more knowledge but to provide them with opportunities for the healing and transformation of their own consciousness, along with principles and practices that empower them to make a meaningful contribution in their world?

Enter the University of Santa Monica, Drs. Ron and Mary Hulnick, and the timely educational paradigm of Spiritual Psychology.

“The University of Santa Monica embodies the true meaning of education: to draw out from within. The Programs are rigorous as well as deeply healing. Structured so that working adults can attend over a series of weekends and weeklong summer sessions, the Programs in Spiritual Psychology are much needed wisdom training for our times. Come and join a family that inspires as well as educates.”

—Dr. Joan Borysenko
Author
Guilt Is the Teacher, Love Is the Lesson
Your Soul’s Compass: What Is Spiritual Guidance?
Fire in the Soul: A New Psychology of Spiritual Optimism
Discover Your Answers to Life’s Essential Questions

Right now, more than any time in history, people are evaluating their lives through the filter of these essential questions:

1) Who Am I?
2) What Is My Purpose?
3) How Can I Make a Meaningful Contribution?

For more than 35 years, the University of Santa Monica, the Worldwide Center for the Study and Practice of Spiritual Psychology®, has been diligently and lovingly providing innovative Programs in Spiritual Psychology. The University’s Soul-Centered experiential educational paradigm evokes in students their own answers to these three essential questions resulting in more purposeful and fulfilling lives. Each individual student is recognized, honored, and respected for the Essence of who they truly are.

“These students, I know, are dedicated to being the answer to the Soul’s only question, and to being that answer in the lives of all those whose lives they touch. And that’s a three-word question, which this University seeks to answer. Or, better yet, does not seek to answer but seeks to provide the space from which the answer might emerge. And here is the three-word question: Who am I?”

—Neale Donald Walsch
New York Times Best-Selling Author
Conversations With God Series
When Everything Changes, Change Everything
Evoking Answers to Three Essential Questions

1) Who Am I?
USM’s Programs engage students experientially in the Principles and Practices of Spiritual Psychology. This technology empowers you to convert your everyday life experiences into rungs on the ladder of your *Spiritual Awakening*. Classes are conducted in a Soul-Centered educational environment, pioneered by Drs. Ron and Mary Hulnick, that acknowledges Spiritual Reality and begins with the recognition that we are not human beings with a Soul; we are Souls having a human experience ... we are Souls *using* a human experience ... and we are Souls Lovingly guided by Spirit in service to each Soul’s purpose.

2) What Is My Purpose?
As you learn and implement the practical technology of Spiritual Psychology in your daily life, you discover, amazingly, that what has stood in the way of Spiritual progression as well as a more fulfilling life is what we at USM call “unresolved issues”—the negative reactions within each of us that are triggered by various situations, circumstances, and people. As you learn to heal these unresolved issues, you become clearer and more connected to your Life Purpose and naturally grow into enhanced levels of success and fulfillment, and capacity to make a Meaningful Contribution.

3) How Can I Make a Meaningful Contribution?
Through participating in the educational process experienced at USM, students make a more meaningful contribution in their world in two distinct yet related ways. First, by healing your unresolved issues, you literally subtract from the sum total of negativity on the planet and add to the sum total of positivity. Thus, at USM we say, “Every time one person resolves one issue, the whole of humanity moves forward.” Second, the more you evolve spiritually, the more clearly you perceive your life’s purpose and are more empowered to make a *Meaningful Contribution* in your world.

USM Graduates: Living Their Answers
One knows the true nature of the tree by the fruit it produces. And so, for us at the University of Santa Monica, our graduates, their lives, relationships, careers, and their contributions in the world are the true measures and celebrations of how a University of Santa Monica education can transform a human life. We invite you to see their stories on our Web site and, ideally, connect with them in person. To experience the miracle of our graduates is to experience the miracle of the University of Santa Monica.
It Starts Within You

For more than 35 years, the University of Santa Monica has offered pioneering Graduate Programs in Spiritual Psychology supporting more than 5,500 graduates in Awakening more fully into the Awareness of who they truly are and living more in harmony with their life purpose.

It has been said, a tree is known by its fruit. USM is known by its graduates who are a multitude of living, breathing, Awakening Souls, many of whom are committed not just to the transformation of themselves but to the transformation of their world as well.

How does this transformation and Awakening occur? What kind of educational process catalyzes empowerment within its students and graduates creating a transformational ripple effect throughout the world?

The educational paradigm the University of Santa Monica brings forward is both radical and simple.

The transformed world you seek around you can only emerge by first transforming the world within you. That world is your own consciousness.

For more than three decades, USM students and graduates have discovered their own answers to life’s essential questions and have used their transformation in consciousness to actively transform the worlds of business, medicine, media, coaching, counseling, law, education, family, and more.

What they have discovered is available for all to discover—

A transformed world and a transformed life are only as far away as your own consciousness.

And that starts within you.

“There is no question that USM is on the leading edge, creating a model of what education could be, should be, and, in fact, HAS to be!”

—Dr. Jean Houston

Author, The Possible Human, A Mythic Life, A Passion for the Possible
SOUL-CENTERED LIVING: A 10-Month Certificate Program in Spiritual Psychology™

Soul-Centered Living—USM’s 10-month Certificate Program in Spiritual Psychology—has been created from the foundation of over 35 years of experience in offering progressive graduate Programs in Spiritual Psychology.

Through the Principles and Practices of Spiritual Psychology, the University of Santa Monica is uniquely qualified as an institution of higher learning to provide its students with personal transformation and equip them with tools to make a meaningful contribution in their world.

The University’s foundational educational offering is a dynamic Program on the frontier of human consciousness where psychology interfaces with Spirituality leading to a Certificate of Completion in Spiritual Psychology. The content, methodology, and processes of this Program provide students opportunities to recalibrate their consciousness and their lives at a higher level. Classes emphasize relevant, immediately usable information, skills, and experiences designed to support students into an experience of deeper meaning, greater effectiveness, and enhanced fulfillment in all areas of their lives.

Program Structure
Classes, conducted in a supportive educational environment, meet one weekend a month for nine months, October through June, and for one week in July.

Spiritual Psychology, as experienced and learned through Soul-Centered education, is heartfelt, relevant, practical, experiential, and transformational—in plain English, it is life changing. Lectures are followed by in-class processes through which participants can directly experience the concepts and information presented, discovering for themselves how they work.

This Program focuses directly in the areas that will most enhance and assist students in Awakening in consciousness, healing unresolved issues, and integrating their Spiritual growth and expansion into their everyday lives.
The curriculum is designed sequentially with emphasis placed upon applying what has been learned in order to take your next steps both personally and professionally. Competency is defined as learning to participate ever more creatively and compassionately with your Self, with the significant others in your life, and as a contributing member of an evolving global community.

With this goal in mind, all faculty face the same challenge: to present relevant information and experiential processes that stimulate the mental capacities to think about it, the emotional abilities to feel it, and the Spiritual Awareness to discern the value of it.

As this challenge is met, students are empowered to take positive action thereby creating enhanced success and fulfillment in all aspects of their lives. Accomplishing this requires a balanced approach with emphasis on experiential learning.

This experiential educational paradigm evokes in students their own answers to life's essential questions, resulting in highly purposeful and fulfilling lives.

1. Who am I?
2. What is my purpose?
3. How can I make a more meaningful contribution and live a more fulfilling life?

Each individual student is recognized, honored, and respected for the Essence of who they truly are.

Students experientially learn over 30 Soul-Centered Basic Skills, which are tools for personal transformation, Spiritual Awakening, and for becoming more interpersonally effective. They also learn skills of Co-Creation designed to result in greater levels of success in the physical world of relationships, career, health, finances, and artistic or creative pursuits.

This Program is unique and specialized in that completion prepares graduates to deal more effectively and compassionately with themselves and others. As such, it prepares one for any occupation and for a much greater degree of success and fulfillment in that occupation or profession.

AN EXPERIENTIAL EDUCATIONAL PARADIGM

From its inception, USM realized that the most powerful educational process involved participation in doing rather than simply learning about.

USM combines the best of both approaches with emphasis on the process of learning by doing.
Benefits of USM’s Soul-Centered Living Program in Spiritual Psychology

• Awakening into the Awareness of yourself and others as Divine Beings having a human experience.

• Manifesting greater success, meaning, purpose, and fulfillment, both personally and professionally.

• Positively transforming your consciousness and your life by integrating the Principles and Practices of Spiritual Psychology and applying them in your everyday life.

• Demonstrating effectiveness in applying powerful Soul-Centered Basic Skills—empowering tools for personal transformation, enhancing relationships, and Spiritual Awakening.

• Living into a Spiritual Context by learning to utilize everyday experiences effectively for growth on both the Goal Line (health, relationship, career, family, finances, life purpose, meaningful contribution, etc.) and Soul Line (Awakening into your Essential Spiritual Nature) of life.

• Resolving (healing) your own unresolved issues (anything that disturbs your peace).

• Discovering and aligning with your Soul’s purpose.

• Living into your deepest aspirations through discovering enlivening, fulfilling, and joy-filled ways of making a meaningful contribution in the world.

• Participating within a supportive community of like-minded and like-hearted individuals.

• Discovering your own answers to life’s three essential questions:
  1. Who am I?
  2. What is my purpose?
  3. How can I make a more meaningful contribution and live a more fulfilling life?

“My hope and wish is that one day, formal education will pay attention to what I call ‘education of the heart.’”

—Dalai Lama
Hallmarks of USM’s Soul-Centered Living Program in Spiritual Psychology

HALLMARKS OF SOUL-CENTERED LIVING INCLUDE KNOWING HOW TO ...

- Use all of life’s experiences in service to your Awakening and access practical tools to do so.
- Embrace that your Essential Nature is Loving, and live accordingly.
- Relate with yourself in Compassionate and Healing ways that free you from mental anguish and emotional suffering.
- Accelerate your Healing and Awakening through intention and effectively using tools of issue resolution.
- Clarify your life’s purpose and translate it into meaningful and achievable goals.
- Experience the Freedom and Empowerment available through accepting 100% responsibility for your life.
- Live a life of greater purpose, meaning, and fulfillment as well as Joy and True Happiness.
- Use the practical and game-changing Principles and Practices of Spiritual Psychology as a way of being and a way of life.
The Heart of USM’s Soul-Centered Living Program in Spiritual Psychology

Many years ago, the great Persian poet and mystic, Jalāl ad-Dīn Rumi, wrote, “Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it.”

What did Rumi mean? What are the “barriers” he was referring to and, perhaps even more important, what are we to do with those “barriers” once we’ve found them?

S P I R I T U A L P S Y C H O L O G Y
is the Art and Practice of Conscious Awakening

At USM, not only have we identified the “barriers” that Rumi was talking about, we have been inspired with the direction of how to overcome them, and that process is one of dissolving them.

And just what are these “barriers” composed of? Believe it or not, when students learn how to gain access to their inner worlds, they find, just as Rumi said, that they are the ones who have built and maintained them. And, believe it or not, it turns out that this recognition is a blessing, for once they set a clear intention to dissolve the blocks and are shown how it’s done, it’s not long before the barriers begin dissolving. It is this process that we refer to as Awakening.

This work in consciousness involves students in bringing forward the strength of their heart and Self-Compassion, as they engage in letting go of judgments, misinterpretations, painful memories, and painful emotions that have held them into the unclarity, restriction, limitation, and suffering of their unresolved issues.

Students discover that their unresolved issues, the “barriers” of which Rumi speaks, truly are vehicles they can use in service to the transformation of their consciousness, their Awakening, and to living their life in greater harmony with their life purpose. Over time as students do this work in consciousness, they experience greater aliveness, freedom, creative inspiration, and enthusiasm to move forward in co-creating their lives in harmony with making a meaningful contribution.
Thus during the course of the Program, students become proficient in applying the Principles and Practices of Spiritual Psychology in their everyday lives in service to their growth, learning, and conscious Awakening. This includes learning to work effectively with:

**BEHAVIORAL ISSUES**
Including the areas of relationships, money, career, health, creative expression, etc. The behavioral level relates to the physical world and learning to use life’s experiences for growth, learning, and upliftment.

**MENTAL ISSUES**
Including limiting attitudes, beliefs, judgments, misunderstandings, misinterpretations, deeply held misidentifications, philosophies, etc. On this level, we work with the mind to release restriction and limitation, bringing clarity and a positive learning orientation to all of life’s experiences.

**EMOTIONAL ISSUES**
The emotional level is the level of feelings. On this level, students work toward emotional maturity through the healing of unresolved emotional issues involving feelings such as hurt, disappointment, resentment, anger, guilt, shame, etc. This work can be quite challenging until the appropriate methods of self-healing are learned.

**EXISTENTIAL ISSUES**
This involves healing at the deepest levels. To do this work, we learn to access and resolve whatever separates us from the Awareness of who we truly are as Divine Beings. The result is the revelation and experience of the Beauty, Joy, Natural Knowing, Wisdom, Compassion, Aliveness, Enthusiasm, and Unconditional Loving of the Authentic Self residing within each person.

**THE AUTHENTIC SELF**
This level of consciousness is where we can access the Awareness of who we truly are, a Divine Being having and using a human experience. It’s where we experience Awareness of our Essential Spiritual Nature as Loving, Peaceful, Joyful, Free, Enthusiastic, Beautiful, Creative, Wise, and more!
Distinguishing Features of USM’s Soul-Centered Living Program in Spiritual Psychology

- The University of Santa Monica has developed a highly empowering curriculum in Spiritual Psychology designed to provide students with information and tools for transforming their consciousness and transforming their lives.

- Educational processes designed to support students in applying the Principles and Practices of Spiritual Psychology in their everyday lives are integral to the curriculum. Students are challenged to apply what they are learning in order to improve the quality of their lives. New information is followed by practical application. The result is a positive and enduring transformational educational experience with lifelong benefits.

- Students identify, research, commit to, and achieve meaningful personal and professional goals during the Program. They develop, implement, and refine their own personal strategies for Authentic Success that can be applied in all areas of their lives, including relationships, health, career, creative endeavors, finances, and service.

- The University offers a supportive learning environment, which nurtures the Awakening of the human Spirit inherent in each student. Learning takes place in an uplifting Soul-Centered learning environment, which focuses on the revelation of the gifts inherent within each student.

- The monthly weekend class format allows students living in other states to participate.
Modules of USM’s Soul-Centered Living Program in Spiritual Psychology

These modules are offered sequentially over ten months, October through July.

**MODULE I: FOUNDATIONS OF SPIRITUAL PSYCHOLOGY**

This three-month module provides an introduction to the Principles and Practices of Spiritual Psychology essential for learning how to live one’s life within the Context of Universal Spiritual Reality as contrasted with small self, ego-centered reality. Trio processes as well as Facilitator talks and dialogues with students are designed to provide experiences of Principles and Practices studied and to assist students in developing proficiency in 16 **Soul-Centered Basic Skills** including *Seeing the Loving Essence*, *Heart-Centered Listening*, *Perception Checking*, *Responsibility I—Choice*, *Responsibility II—Ownership*, *Reframing Issues As Blessings*, and *Seven Steps to Issue Resolution*.

**MODULE II: SPIRITUAL PSYCHOLOGY APPROACHES TO TRANSFORMATION AND HEALING**

The second three months of the Program—January, February, and March—provide opportunities for students to continue deepening in their understanding and application of the Principles and Practices of Spiritual Psychology in their everyday lives, both personally and professionally. Building on the foundation of information and Soul-Centered Basic Skills established in Module I, cognitive and experiential exploration of the relevance of several **Transformational Facilitation Approaches** is provided both through in-class presentations and the experiential practice of elements of each of the approaches seen and applied through the lens of Spiritual Psychology. These include and are derived from a Behavioral approach, the Person-Centered approach of Carl Rogers, the Gestalt approach of Fritz Perls, the Rational-Emotive approach of Albert Ellis, the Neuro-Linguistic Programming approach of Richard Bandler and John Grinder, and the Psychosynthesis approach of Robert Assagioli.

In addition, students are presented with the opportunity to learn a primary tool of Spiritual Psychology known as Self-Counseling. Additional **Soul-Centered Basic Skills** are presented and practiced including *Giving Effective Feedback*, *Receiving Feedback Effectively*, *Stepping Free—Living Beyond Your Comfort Zone*, *Facilitating Responsibility III—Self-Honoring Choices*, and *Identifying, Owning, and Accepting Projections*. 
MODULE III: INTEGRATING AND APPLYING THE PRINCIPLES AND PRACTICES OF SPIRITUAL PSYCHOLOGY

The third three months of the Program—April, May, and June—assist students in further integrating and applying the Principles, Practices, and competencies of Spiritual Psychology in service to facilitating physical, mental, emotional, and Spiritual growth in their everyday lives, both personally and professionally. In April, the weekend is devoted to the themes of Living Into Your Life Purpose and Answering the Call of Spirit in your Heart.

In addition, students are presented with the opportunity to more fully integrate the Principles, Soul-Centered Basic Skills, and Transformational Facilitation Approaches in service to enhancing their effectiveness in Working Your Process and Self-Counseling. Additional Soul-Centered Basic Skills are presented and practiced including Accessing Intuition, Facilitating Compassionate Self-Forgiveness, Facilitating Lesson Awareness, Tracking Projections I—Limiting Projections, Tracking Projections II—Positive Projections, Identifying and Clarifying Your Heartfelt Dreams, and Asking for What You Want.

MODULE IV: SIX-DAY SPIRITUAL PSYCHOLOGY LABORATORY

This laboratory is designed to assist students in synthesizing, further integrating, and effectively utilizing the Soul-Centered Basic Skills, Transformational Facilitation Approaches, healing attitudes, and Universal Spiritual Values associated with the subject matter of Spiritual Psychology. It provides an opportunity for students to demonstrate a higher level of integration and mastery in applying the Principles and Practices of Spiritual Psychology with themselves and others. It is also an opportunity for students to experience deeper Awareness of their Essential Spiritual Nature as Loving, Peaceful, Joyful, Free, Enthusiastic, Creative, Wise, and more.
EXCELLENCE

Educating for Excellence—This dimension challenges us to bring forward Enthusiasm for learning through encouraging wholehearted engagement in the subject matter and learning process. Regularly scheduled classes, facilitated by competent faculty, are held each month. Classroom format blends engaging dialogue among students and faculty with processes designed to provide students with experience such that they can determine for themselves the relevance and validity of the Principles and Practices of Spiritual Psychology in everyday life. The curriculum finds its roots in Universal Spiritual Wisdom and is also drawn from the behavioral sciences and includes, yet is not limited to, principles and techniques from the fields of Human Communication, Counseling, Transpersonal Psychology, and Holistic Health.

The competent graduate approaches life as an ongoing classroom where endless possibilities are present for growth and learning.

PSYCHOLOGICAL MATURITY

Educating for Psychological Maturity—This dimension challenges us to balance our mental and emotional energies through moving into the Spiritual Context and healing our unresolved issues so that we are free to participate in the world from the positive viewing point of the Authentic Self. All Programs are geared toward supporting students in deepening in the Awareness that we are Divine Beings having a human experience, and that earth is a school for the Awakening of consciousness. Participants study, discuss, evaluate, and practice the Principles and Practices of Spiritual Psychology along with contributions from various psychological systems influencing Spiritual Psychology.

The competent graduate is Accepting of Self and others, psychologically mature, aware that there is a resolution to every issue, and trained to move from a negative to a positive interpretation of all experience—to use everything for their growth, upliftment, and learning.
WISDOM

Educating for Wisdom—This dimension challenges us to enter into a broader perspective where we see that human experience cannot be fully known by reasoning and intellect alone. Cognitive education is therefore balanced with relevant experience. The process of education is one of receiving information, organizing and integrating the information into Knowledge, and testing it through the crucible of experience. The result is Wisdom. Through this process, students practice and integrate a Learning Orientation to Life.

The competent graduate knows that all experience has meaning and the value of life lies in learning to use all experience to one’s advancement as opportunities for learning, Healing, and more fully Awakening into one’s Essential Spiritual Nature characterized by Peace, Acceptance, Joy, Creativity, Wisdom, and Unconditional Loving.

INTEGRITY

Educating for Integrity—This dimension challenges students, faculty, and staff to relate to each other from a place of Authenticity and in alignment with universal Spiritual principles. This is done through mutual honest, caring expression and a deep respect for each person’s uniqueness. A cornerstone of Integrity is the willingness to accept personal responsibility for how we respond to all of life’s challenges. In short, the learning opportunity is for us all to “walk our talk.”

The competent graduate demonstrates an Awareness that the inner process of Authentic Empowerment occurs when the actions we take are congruent with our deeply held values and are also done with care and consideration for others.
AUTHENTIC SUCCESS

Educating for Authentic Success—This dimension challenges students to transform old habits that no longer serve them into new ways of seeing and being designed to produce enhanced levels of success on what we refer to in Spiritual Psychology as the Goal Line and Soul Line of life. As a student, you are encouraged to take charge of your own learning process by applying the Principles and Practices of Spiritual Psychology to produce greater success and fulfillment in the areas of relationship, career, finances, creative expression, health, service, etc. In this way, you learn to become a master not only of what you learn but also how you learn.

The competent graduate demonstrates personal discipline in the practical application of the Principles and Practices of Spiritual Psychology in everyday life. The results of this process are graduates who demonstrate a Transformed Consciousness and a Transformed Life.

SOCIAL RESPONSIBILITY

Educating for Social Responsibility—This dimension challenges us to live a meaningful and fulfilling life while cooperating with others. It also challenges us in living into our life’s purpose and discovering how we can make a meaningful contribution in our world. Classes unfold in a supportive learning environment and sometimes include outside projects involving interaction with the community-at-large. Students learn how to be personally responsible for their attitudes and choices within the larger context of the “highest good of all concerned.”

The competent graduate is accepting of other people, looks for enrichment through cultural diversity, cooperates with authority, acknowledges their responsibility as a contributing member of a global community, and demonstrates a service orientation to life.
SPIRITUAL AWAKENING

Educating for Spiritual Awakening—This dimension challenges us to transcend the limits of physical five-sense reality while also learning to live within that reality. Students engage in an experiential educational curriculum designed to support them in discovering their own answers to life’s essential questions. Enhanced Spiritual Awareness occurs as part of each student’s unique process of experientially realizing and knowing themself as a Divine Being having a human experience.

The competent graduate sees the Divine dignity inherent in all human beings and all experience. An Unconditionally Loving attitude is recognized as the ultimate competency.

HEART-CENTERED LEARNING ENVIRONMENT

Educating from the Heart—This dimension challenges us to honor a foundational principle of the University: learning occurs best in a Loving environment where the worth and dignity of each individual is acknowledged, valued, and respected. USM is well-known for the supportive Soul-Centered educational process through which the University’s Programs are delivered. At the University of Santa Monica, care is taken in creating a learning environment where excellence in academic pursuits and powerful personal and professional transformation can occur within the context of Acceptance, Empathy, Heartfelt Caring, Loving Discipline, and Mastery.

The competent graduate meets the world first and foremost with a Compassionate heart.
The Students

USM’s Programs in Spiritual Psychology appeal to those who recognize the sacredness and healing potential of human existence and who intend to incorporate this recognition more fully into their lives.

The University of Santa Monica provides its students with opportunities for growth both personally and professionally through the application of the Principles and Practices of Spiritual Psychology to everyday life experience. This educational process results in students experiencing greater connection with who they are, their life’s purpose, and enhanced levels of success and fulfillment. This empowers them to make a meaningful contribution in their world.

A significant number of students hold advanced degrees in a variety of disciplines. Past graduates have included numerous individuals from each of the following groups:

- Mental health professionals, including psychiatrists, psychologists, marriage and family therapists, social workers, etc.
- Educators who are teaching at all levels and administrators of educational institutions.
- Healthcare professionals, including physicians, nurses, chiropractors, physical therapists, and practitioners of alternative medicine.
- Those who would like to enhance their interpersonal effectiveness and the quality of their relationships personally and professionally.
- Business owners, executives, managers, supervisors, and consultants seeking to enhance both their leadership and interpersonal skills.
- Individuals with a high level of interface with the public, including sales and marketing representatives, lawyers, professional coaches, realtors, ministers and practitioners, social activists, athletes, peace officers, military personnel, government workers, etc.
- Artists from a wide range of creative disciplines, including authors, painters, poets, sculptors, dancers, classical and modern musicians, photographers, and actors from stage, television, and film.
- Those on a spiritual path who would like to be of greater service to themselves and others who are seeking their next steps personally and professionally.
Students at the University of Santa Monica are adults with diverse cultural and varied educational, professional, and personal backgrounds. We have designed our Programs to accommodate those with both professional and family responsibilities. The weekend format allows students to come from great distances to participate. Since classes meet regularly over the course of 10 consecutive months, deep bonds are formed as students become a community of support for one another.

As students progress through the Program, they recognize themselves as an integral part of a mutually supportive group of individuals committed to participating in a Soul-Centered educational process emphasizing enhanced Spiritual Awareness, the continual improvement of the quality of their lives, and living more in alignment with their Soul’s purpose.

As students complete the Program, they take their place within a community of individuals who are committed to a Learning Orientation to Life and to Soul-Centered living.

The University provides a Soul-Centered learning environment focusing on both personal and professional development, including:

- An educational opportunity for mature adults whose professional responsibilities, established families, and/or learning styles make attendance at traditional institutions difficult, if not impossible.

- An educational model based upon an experiential learning process rather than the mere acquisition of information. The goal of learning is supporting students in integrating the Principles and Practices of Spiritual Psychology in service to the resolution of issues, the revelation of the Authentic Self, and living highly purposeful and fulfilling lives.

- An educational experience designed to positively transform the consciousness and lives of those participating.

- An educational process that is Soul-Centered and is a spiritualizing process designed to bring forth the Beauty, Wisdom, and Compassion inherent in every human being.

- An education for global citizenship for mature students whose goal is to cultivate global awareness and a service orientation to life.
“My life is my message.”
—Mahatma Ghandi

Spiritual Psychology is the study and practice of Conscious Awakening.

The essence of Soul-Centered Living is Awakening into the Awareness of who you truly are and living your life from within that Awakened state.
“From the vantage point of Spiritual Psychology, we see that we are Souls who have come here in this lifetime to fulfill Spiritual curriculum. As Spiritual Beings, our primary goal is not to change life on this earth. Rather, life on this earth exists the way it does to provide us with experiences through which we can transform ourselves—meaning learning to express the essence of who we are in fuller and deeper ways. And the best description of our inherent nature is that we are, at our core, comprised of the energy we call Loving. So Spiritual Awakening is about becoming more and more aware of our nature as Loving beings. The irony is that the only way life on this earth transforms is when enough people transform themselves. It’s from this place of inner transformation that we can make a meaningful contribution in our world.”

—H. Ronald Hulnick, Ph.D.  
President, USM
What Is Spiritual Psychology™?

If you look up the word *psyche* in the dictionary, you’ll find, “breath, principle of life, Soul.” But if you look up *psychology*, you’ll find, “the science of mind and behavior.” Somehow, in the translation from essence to practice, the most important aspect of “psyche” has been lost. At the University of Santa Monica, we recognize our task as reintegrating the Spiritual dimension back into the essence of an authentic psychological inquiry. It is this reintegration that evokes the emergence of a Spiritual Psychology.

Spiritual Psychology is the study and practice of Conscious Awakening. To engage in this genre, we must begin by distinguishing the essence of human Awakening—what does it mean to Awaken? In short, it means learning how to identify, recognize, and navigate successfully within the Context of Spiritual Reality.

Practically, Spiritual Psychology means learning how to surrender—or let go of—anything that disturbs one’s peace. It also means sacrificing our illusions of separation. Essentially, this “surrendering” and “sacrificing” is work that can and has been called “healing,” which includes healing on the physical, mental, and emotional levels in service to the deeper revelation of who we truly are as Loving, Peaceful, Compassionate, and Joyful beings. We refer to this level of Awareness as the Authentic Self.

Spiritual Psychology is a body of Principles and Practices that empowers students to convert their everyday life experiences into rungs on the ladder of Spiritual Awakening. This educational process results in students experiencing greater connection with who they are and their life’s purpose. This newly discovered Awareness results in enhanced levels of meaning and fulfillment both personally and professionally, which, in turn, empowers them to make a more meaningful contribution with their lives.
Why Spiritual Psychology™ ... And Why Now?

Change is taking place at an unprecedented pace on our planet. The nature of this change is historically different from anything we have previously experienced. The world is being challenged to learn how to get along or pay enormous consequences.

From within the context of Spiritual Psychology, the only way to truly promote peace is for more individuals to become more peaceful in how they live their lives. In this context, it is accurate to say that as people Awaken Spiritually, they naturally become more peaceful. It is also true that peace is an individual process. The more one learns to surrender whatever they experience within that disturbs their peace, the more peaceful they automatically become.

Spiritual Psychology at USM is a response to this global need. The curriculum is uniquely designed for students to learn the skills of what we refer to as issue resolution. And we define an issue as anything that disturbs your peace.

As a student, you learn how to not only embrace who you are as a Spiritual Being having a human experience but also to use that recognition as a foundation for “healing.” As the evolutionary tide is rising and larger numbers of people are Awakening to the Awareness that they are, in fact, Divine Beings having a human experience, the Principles and Practices of Spiritual Psychology provide both a context and practical tools for living into that Awareness in everyday life.

As students grow in Self-Mastery, they discover these very skills are exactly the ones that open doors professionally, as they are highly valued globally. As one highly successful USM graduate recently put it, “A USM education prepares graduates for careers in every field and in professions that haven’t even been invented because they learn a way of being and communicating that is highly facilitative independent of the business environment.”

“Educating the mind without educating the heart is no education at all.”

— Aristotle
“At a time when my internal cup was empty, USM filled me with insight, inspiration, and a deeper connection to who I truly am. For anyone on a path of healing, growth, or service, USM offers food for the soul, enlightenment for the mind, and peace for the heart. This school honors and respects every student in such a wonderful way. Regardless of who you are or what you do in the world, a USM education is a life-transforming gift that will sustain and support you all the days of your life.”

—Iyanla Vanzant
USM Graduate & New York Times Best-Selling Author
One Day My Soul Just Opened Up
Peace From Broken Pieces
“The University of Santa Monica provides a wonderful environment for real education and spiritual transformation. It draws a high-caliber, spiritually mature student who has clear intentions. When you bring together the sincerity of the student, the cutting-edge Programs that the University offers, and the quality of teachers that are facilitating the Programs, you have an authentic wisdom school. I have witnessed many of the students matriculate through the Program, and I can see they have walked hand in hand with quality.”

—Rev. Dr. Michael Bernard Beckwith
Founder/Director, Agape International Spiritual Center
Author, *Spiritual Liberation: Fulfilling Your Soul’s Potential*
Who We Are—USM’s History

The University of Santa Monica, formerly known as Koh-e-nor University, was founded in March of 1976 in Los Angeles, California. The inspiration for the University came from its Founder, distinguished educator, internationally known lecturer, and best-selling author John-Roger. His vision was of a graduate school of the highest caliber, where students from across the globe could come and learn how to live in this world, to be in the here and now, and to be involved in the unique process of spiritualizing themselves.

In 1978, John-Roger met Dr. H. Ronald Hulnick and Dr. Mary R. Hulnick, both of whom were on the faculty of New Mexico State University in the Department of Counseling and Educational Psychology, where they trained professional counselors at the master’s and doctoral levels. For the next two years, the Hulnicks and John-Roger shared a continuing dialogue about educational philosophy and the importance of practical mastery education. These three noted educators found they shared a dream of enlivening, relevant, Soul-Centered education, and committed to working together to bring forward an educational institution based on these values-centered precepts.

The Hulnicks envisioned an internationally known graduate school serving many students from diverse backgrounds whose educational and professional objectives were different from those usually met by higher education institutions. Their focus was on relevant information practically applied within a context of cooperation, support, and caring. This approach tends to result in a synergistic learning environment where high achievement standards are attained and maintained. In September of 1981, the first students were admitted.

The University has graduated more than 5,500 students who are living examples of Soul-Centered education. Now this unique, transformational education is available to more people than ever before through USM’s 10-month Program in Spiritual Psychology™ Soul-Centered Living.
Drs. Ron and Mary Hulnick are recognized pioneers and worldwide leaders in the field of Spiritual Psychology. As USM’s Founding Faculty and Co-Directors, they designed the University’s extraordinary curriculum, and they continue to serve as senior faculty.

More than 35 years ago, it was Ron and Mary’s vision to develop Programs, Workshops, and other offerings where the hallmarks of the educational process are characterized as experiential, engaging, relevant, meaningful, supportive, inspiring, practical, nurturing, and transformational. USM students and graduates around the world share that being with Ron and Mary in the classroom is, without exception, one of the most transformative, Loving, and memorable experiences that they will cherish for a lifetime.

Drs. Ron and Mary Hulnick are the Executive Producers of the University’s award-winning documentary Freedom to Choose, which took first place at the 2009 Emerging Filmmaker Showcase at the Cannes Film Festival.

Ron and Mary are both licensed Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist.

Their book Loyalty to Your Soul: The Heart of Spiritual Psychology was published in 2011 by Hay House in 12 countries and translated into 7 languages including Spanish, French, German, Hungarian, and simplified Chinese, among others. The book has been described by Caroline Myss as a “stunning masterpiece of primary importance.”

Their most recent book, Remembering the Light Within: A Course in Soul-Centered Living, was published by Hay House in 2017. It has been described by Larry Dossey, M.D., as “an essential guide for anyone seeking deeper meaning and fulfillment ... not just for the individual seeking it; it is essential, at this point in history, for our flourishing and continuance as a species on our beloved planet.”
Students & USM Community

Students
Students at the University of Santa Monica are adults with diverse cultural and varied educational, professional, and personal backgrounds. USM’s Programs are designed to accommodate those with both professional and family responsibilities. The weekend format allows students to come from great distances to participate.

USM Community
An important product of the University of Santa Monica is the quality of the learning environment. As a conscious educational community, we are continually cultivating and evolving in service to all participating. At USM, everyone is a student, including currently enrolled students, staff, faculty, and alumni. USM’s intention is congruence between what is taught and the process through which it is taught.

University Facilities
The University of Santa Monica administrative offices and classrooms are located on the corner of Wilshire Boulevard and 21st Street in Santa Monica, California. These facilities are elegant and spacious, and located close to many excellent restaurants and hotels.

A Schedule You Can Live With
Classes meet one weekend a month, October through June, plus one week in the summer. This schedule allows adults with busy personal and professional lives to participate.

2017–2018 Class Schedule
- October 6–8, 2017
- November 3–5, 2017
- December 1–3, 2017
- January 5–7, 2018
- February 2–4, 2018
- March 2–4, 2018
- April 6–8, 2018
- May 4–6, 2018
- June 1–3, 2018
- Six-Day Summer Lab:
  - July 20–25, 2018

Weekend Schedule*:
- Friday: 7:00 – 11:00 p.m.
- Saturday: 10:00 a.m. – 10:00 p.m.
- Sunday: 9:30 a.m. – 7:30 p.m.

*All ending times are approximate. Meal breaks of 1.5 to 2 hours are scheduled on Saturday and Sunday along with other short breaks throughout each day.
Tuition

SOUL-CENTERED LIVING I PROGRAM

Monthly Tuition of $1,240 for the 10 Months $12,400
(October paid at time of application)

For the nine months of Class Weekends
For the Summer Lab

Application Fee (Non-Refundable) 100
Student Tuition Recovery Fund Fee 0

Total Program Cost $12,500

MONTHLY PAYMENT SCHEDULE

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<tr>
<td>JULY LAB</td>
<td>$1,240</td>
<td>June 15</td>
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For more information, visit www.universityofsantamonica.edu/SCL1-Tuition.
Admission—Next Steps
USM accepts only 255 highly qualified students each year. Classes begin once a year in October and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program. If it is your intention to participate, we encourage you to complete your Application early in order to receive priority consideration for admission. To begin your application, visit www.universityofsantamonica.edu/admissions.

Information Evenings
These complimentary evenings provide an opportunity to experience the Principles and Practices of Spiritual Psychology in action, meet the faculty, and interact with current students and graduates.

Information Evenings are held on select dates throughout the year. To RSVP for an upcoming event, visit the Event Page at www.universityofsantamonica.edu/events.

Our Admissions Team is available to answer your questions about applying to Soul-Centered Living: A 10-Month Certificate Program in Spiritual Psychology.

Please call Admissions at (310) 829-7402.
LIFE MASTERY & SOUL-CENTERED LIVING

A 10-Month Certificate Program in Advanced Spiritual Psychology™

Curriculum Guide
Program Overview

Life Mastery & Soul-Centered Living—USM’s 10-month Certificate Program in Advanced Spiritual Psychology—has been created from the foundation of over 35 years of experience in offering progressive graduate Programs in Spiritual Psychology.

Through the Principles and Practices of Spiritual Psychology, the University of Santa Monica is uniquely qualified as an institution of higher learning to provide its students with personal transformation, aligned with their Soul's purpose, and equip them with tools to make a meaningful contribution in their world.

Life Mastery & Soul-Centered Living: A 10-Month Certificate Program in Advanced Spiritual Psychology is an advanced educational offering. It is a dynamic Program on the frontier of human consciousness. The content, methodology, and educational process of this Program provide students opportunities to recalibrate their consciousness and their lives at a higher level. Classes emphasize relevant, immediately usable information, skills, and experiences designed to support students into an experience of deeper meaning, greater effectiveness, and enhanced fulfillment in all areas of their lives.
What is the Relationship Between Life Mastery and Soul-Centered Living?

The nucleus of USM’s offerings is Soul-Centered Living: A 10-Month Certificate Program in Spiritual Psychology during which students learn and apply the foundational Principles and Practices of Spiritual Psychology.

The essence of Soul-Centered Living is Awakening into the Awareness of who you truly are and living your life from within that Awakened state.

The second tier of USM’s Programs is Life Mastery and Soul-Centered Living: A 10-Month Certificate Program in Advanced Spiritual Psychology.

USM emphasizes a Learning Orientation to Life and lifelong learning. One of the Principles of Spiritual Psychology is: “Growth is a process, not an event.”

The Life Mastery and Soul-Centered Living Program is for the sincere student who has the intention and willingness to engage in the process of developing Mastery over time through the process of applying the Principles and Practices in Spiritual Psychology in their everyday life.

This Program is for those who understand that the tea master, aikido master, or sword master devotes a lifetime to developing Mastery with the awareness and understanding that if you master yourself, you can master anything.

In other words, Mastery proceeds from the inside out and is a lifelong process.
This is not a Program for dilettantes or dabblers. It is for those who are interested in a depth-full educational process designed to evoke commitment and involvement with the consciousness of Mastery. It involves wholehearted engagement in a process that goes on over time designed to support participants in Soul-Centered Living, a way of Being and a way of life. It’s for students who have the readiness to Awaken from Spiritual amnesia and live their lives in greater harmony with their Essential Spiritual Nature—Clarity, Wisdom, Peace, Loving, Joy, Aliveness, and Freedom.

The courses within the Life Mastery and Soul-Centered Living Program each stand on their own in the unique value they contribute to the curriculum. In addition, they are in resonance with each other and synergistic in the ways they support, engage, and challenge students in developing Mastery.

You don’t need to justify your love, you don’t need to explain your love, you just need to practice your love. Practice creates the master.

—Don Miguel Ruiz
Program Structure

Classes, conducted in a supportive educational environment, meet one weekend a month for nine months, October through June, and for one week during the summer.

Spiritual Psychology, as experienced and learned through Soul-Centered education, is heartfelt, relevant, practical, experiential, and transformational—in plain English, it is life-changing. Lectures are followed by in-class processes through which participants can directly experience the concepts and information presented, discovering for themselves how they work.

The Life Mastery & Soul-Centered Living Program includes six courses focusing directly in the areas that enhance and assist students in Awakening in consciousness, healing unresolved issues, and integrating their Spiritual growth and expansion into their everyday lives, including:

- The Healing of Memories and Spiritual Awakening
- Relationship as Spiritual Opportunity
- Life Mastery, Leadership, and Soul-Centered Co-Creation
- Life Mastery, Leadership, and Soul-Centered Co-Creation Project Teams
- The Scientific Method, Neutral Observation, and the Spiritual Scientist
- Six-Day Advanced Spiritual Psychology Retreat

This ten-month Program is designed sequentially with emphasis placed upon participants applying what has been learned in order to take their next steps both personally and professionally. With this goal in mind, all faculty face the same challenge: to present relevant information and experiential processes that stimulate the mental capacities to think about it, the emotional abilities to feel it, the Spiritual Awareness to discern the value of it, and the willingness to take action applying and integrating what has been learned into everyday life.

As this challenge is met, students are empowered to take positive action, thereby creating enhanced success and fulfillment in all aspects of their lives. Accomplishing this requires a balanced approach with emphasis on personal accountability and experiential learning.
The Healing of Memories and Spiritual Awakening

This course includes experiential exploration of the biological, psychological, and social aspects of human growth and development within the Spiritual Context of Healing and Awakening in consciousness. Students will have the opportunity for reviewing their life, dis-identifying with their story in service to releasing what no longer serves them, and healing old hurts and the deeper underlying patterns associated with them. Emphasis is placed on exploring their own personal history in service to the healing of memories—including intergenerational patterns—and learning to use all experience to their advancement in service to their Healing and Awakening. Emphasis is also placed on cultivating attitudes and habits of nurturing self-care physically, mentally, emotionally, and spiritually.

Relationship as Spiritual Opportunity

This course focuses upon the family and intimate relationships as potentially some of the greatest opportunities on the planet for growth and learning. It involves integrating and applying the Principles and Practices of Spiritual Psychology to the process of transforming one significant relationship. Patterns and dynamics of individual, couples, and family relationships are identified and considered within a Spiritual Context. Methods designed to cultivate fulfilling couples’ and families’ relationships are explored and practiced. Students learn experientially how to utilize the everyday life experiences of their relationships as rungs on the ladder of Spiritual Awakening through applying the empowering Principles and Practices of Spiritual Psychology.

Life Mastery, Leadership, and Soul-Centered Co-Creation

In service to enhancing Life Mastery, demonstrating Leadership in their own life, and experiencing the transformational potential inherent in the process of Soul-Centered Co-Creation, each student participates in identifying, envisioning, designing, implementing, and successfully completing a substantive Project that has Heart and meaning for them. Emphasis is placed on exploring and expressing creativity while effectively utilizing the Principles and Practices of Spiritual Psychology for empowering and supporting oneself in producing successful results in physical-world reality as well as for growth, healing, and transformation.
**Life Mastery, Leadership, and Soul-Centered Co-Creation Project Team**

This course is taken in conjunction with Life Mastery, Leadership, and Soul-Centered Co-Creation and is designed to provide ongoing support for each student in demonstrating Leadership through identifying, envisioning, designing, implementing, and completing a substantive Project utilizing the process of Soul-Centered Co-Creation and demonstrating Life Mastery. Class format consists of small group Project Team meetings, held a minimum of twice a month. This course provides opportunities for demonstrating effective integration of the Principles and Practices of Spiritual Psychology in communicating with Team members; supporting Team members in demonstrating clear intention, creativity, and resourcefulness; and providing encouragement and effective feedback to Team members as they complete a Project that is both heartfelt and substantive. Additionally, Project Teams are a laboratory within which each student has opportunities for more fully integrating and utilizing the Principles and Practices of Spiritual Psychology.

**The Scientific Method, Neutral Observation, and the Spiritual Scientist**

Students cultivate the consciousness of the Spiritual Scientist utilizing the scientific method to conduct research having to do with personal internal experience within their own consciousness. Students learn and practice the tool of Neutral Observation. One of the ways this is accomplished is by learning the essentials of scientific inquiry in general and the process of operating as a Spiritual Scientist in particular. Students observe and track patterns in their own consciousness, thus functioning as a Spiritual Scientist or Neutral Observer. By observing how their consciousness tends to work, they gain the awareness and leverage necessary to transform limiting patterns and reactions, freeing themselves to live in the Freedom and Mastery of the Authentic Self.

**Six-Day Advanced Spiritual Psychology Retreat**

The Advanced Spiritual Psychology Retreat is a six-day experiential laboratory designed as the culminating experience of *Life Mastery & Soul-Centered Living*. Each day, students have the opportunity to synthesize, integrate, and demonstrate the *Soul-Centered Basic Skills* and *Facilitation Approaches* learned in the Program. Emphasis is upon practical application of the Principles and Practices of Spiritual Psychology learned and practiced throughout the Program.
Tuition & Schedule

**Life Mastery & Soul-Centered Living Program Tuition**

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<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Monthly Tuition</td>
<td>$ 1,340</td>
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<tr>
<td>For the nine months of Class Weekends</td>
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<tr>
<td>For the Six-Day Retreat</td>
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<tr>
<td>10 Months of Classes x $1,340</td>
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<tr>
<td>Retreat Room &amp; Board (estimated)</td>
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<td><strong>Total Life Mastery &amp; Soul-Centered Living Program</strong></td>
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**Life Mastery & Soul-Centered Living Class Schedule**

Classes meet one weekend a month, October through June, plus one week in the summer.

**Weekend Schedule**

- **Friday**: 7:00 – 11:00 P.M.
- **Saturday**: 10:00 A.M. – 10:00 P.M.
- **Sunday**: 9:30 A.M. – 7:30 P.M.

*All ending times are approximate.
Program Overview

The University of Santa Monica’s 10-Month Certificate Program in Consciousness, Health, and Healing is a dynamic Program on the frontier of Awakening in consciousness and explores the relationship between Higher Consciousness, Health, and Healing.

This Program explores the relationship between Consciousness, Health, and Healing by examining how Radiant Health and Well-Being are influenced by unresolved issues in consciousness as well as their subsequent healing. Radiant Health includes physical, mental, emotional, unconscious, as well as Spiritual levels of health and well-being. During the Program, each student designs and implements an individual Radiant Health and Well-Being Project.

The Program is intended for the sincere student committed to an additional year of advanced study offering powerful opportunities for expanding Awareness and further integrating the Principles and Practices of Advanced Spiritual Psychology. The Program is powerfully transformational and supports students in Awakening more fully to their Soul’s purpose, exploring and more fully expressing their entelechy, and anchoring themselves more deeply in the Authentic Self.

This Program is also suited for, but not limited to, students pursuing careers such as consultants, educators, and practitioners in the fields of holistic health and counseling. Students may prepare themselves for professional work with clinical health teams, in health agencies, spas and resorts, and teaching and consulting. They may also prepare to bring holistic health approaches into pastoral counseling and the allied health professions.

Others who are likely to derive significant benefit from the Program include both healthcare and mental health professionals who would like to integrate a more holistic approach to their work, as well as anyone with an intention to enhance their own health and well-being.

This Certificate of Completion does not lead to an occupational certification, nor does it prepare one to sit for any license.

This 10-month Program is conducted in a supportive and enlivening educational environment. Classes meet one weekend a month for nine months and for one week during the summer.
CHH Program Distinguishing Features

This Program is uniquely designed and focuses on the place where psychology and spirituality interface with consciousness, health, and healing. Its distinguishing features include:

- **Participating** in a Soul-Centered process of unfoldment, which supports the revelation and fuller expression of your entelechy and your Soul’s purpose.

- **Accessing** and developing your Inner Knowing through consciously cultivating and strengthening your intuition, your metaphorical/symbolic ways of knowing, and your rational/analytical ways of knowing.

- **Cultivating** the Healing Consciousness and more fully embodying the qualities that are all hallmarks of the Healing Consciousness, including Aliveness, Compassion, Acceptance, Gratitude, Authenticity, Peace, Joy, and Unconditional Loving.

- **Exploring** and experiencing the dynamic relationship between Higher Consciousness, Health, and Healing in service to Radiant Health and Well-Being on all levels.

- **Experiencing** the body as a temple for the Soul and as an instrument for the Divine.

- **Working** with patterns associated with each of the eight chakra centers in service to deep healing physically, mentally, emotionally, and within the unconscious, with the focus of further Awakening into the Authentic Self.

- **Experiencing** greater fulfillment through deepening in your Authentic Self and sharing your unique gifts.

- **Co-creating** and participating in two Sacred Healing Circles monthly—one in the classroom and one outside of class weekends.

- **Reframing** the experiences, challenges, and opportunities of illness and dis-ease through the lens of the Soul’s perspective.
**WAYS OF KNOWING**
This course explores the relationship between Consciousness, Health, and Healing by examining how Radiant Health and Well-Being are influenced both by unresolved issues in consciousness as well as their subsequent Healing. A primary focus is enhancing the sixth and seventh senses of intuition and direct knowing in service to deepening the student’s capacity to receive inspiration and guidance. Designed as an exploration of three distinct yet related Ways of Knowing, the first focus is the further development of rational/analytic ways of knowing. The second focus explores metaphorical and symbolic ways of knowing as exemplified in the language of dreams, art, poetry, and imagery. The third focus supports students in accessing and utilizing intuition and direct knowing. Throughout the module, students participate in a regular Spiritual practice of their choice.

**INTEGRATIVE APPROACHES TO RADIANT HEALTH I**
Radiant Health describes a state of being that encompasses more than is usually meant when the word health is used. Radiant Health includes physical, mental, emotional, unconscious, and Spiritual levels of health and well-being. In this module, each participant designs and implements an individual Radiant Health and Well-Being Project as an ongoing focus for nine months. These personalized projects may address many areas such as remediation of physical symptoms, optimizing physical function, nutrition, exercise, Spiritual practice, loving relationships, creative expression, etc. In addition, major emphasis is given to working with the patterns associated with the chakra centers.

**INTEGRATIVE APPROACHES TO RADIANT HEALTH II**
Integrative Approaches to Radiant Health II is taken in conjunction with Integrative Approaches to Radiant Health I and is designed to provide ongoing support for each participant’s Radiant Health and Well-Being Project. Class format consists of small Sacred Healing Circle meetings, which meet a minimum of twice a month for at least three hours per meeting. One meeting will take place in the classroom during the class weekend. The purposes of Sacred Healing Circles include support, encouragement, and inspiration for each member and support for Radiant Health and Well-Being Project design, implementation, and successful completion.
THE HEALING CONSCIOUSNESS
This course consists of three synergistic elements. The first explores the nature of, and facilitates the deepening of, the Healing Consciousness. The goal is to reside in the Healing Consciousness and radiate that healing energy in whatever situation or circumstance in which one finds oneself. The second focuses on the transforming potential inherent in the illness process, as the Soul views illness as a Spiritual opportunity. The third involves being of service. Service provides opportunity for birthing deeper levels of Compassion, Honesty, Acceptance, Gratitude, Authenticity, Joy, Peace, and Unconditional Loving: hallmarks of the Healing Consciousness.

CURRENT TOPICS IN CONSCIOUSNESS, HEALTH, AND HEALING: ENTELECHY
This course highlights a specific current topic in the field of Consciousness, Health, and Healing. Topics vary according to instructor and student interest. The focus is to expand awareness of new ideas and approaches in the healing field and to support students in their own health and healing projects. Topics may include energetic healing, the new science and how it relates to healing, eastern approaches to healing, prayer and healing, psychoneuroimmunology, the biology of consciousness, the evolution of consciousness, somatics, and integrative medicine. The topic selected for this year’s focus is Entelechy.

CONSCIOUSNESS, HEALTH, AND HEALING SIX-DAY SUMMER RETREAT
This retreat, which is conducted within the context and energy of the Universal Spiritual Heart, is designed to assist participants in synthesizing, further assimilating, and effectively utilizing the Soul-Centered Basic Skills, Healing attitudes, and tools of Awareness associated with the subject of Consciousness, Health, and Healing. It provides an opportunity for students to invoke and embody the Healing Consciousness, hallmarks of which include Compassion, Honesty, Acceptance, Gratitude, Authenticity, Joy, Peace, and Unconditional Loving in service to experiencing enhanced levels of Radiant Health and Well-Being.
Prerequisite to enrollment in this Program includes the successful completion of the University of Santa Monica’s two-year Program in Spiritual Psychology (M.A. Degree or Certificate of Completion), or graduates of Soul-Centered Living I and Life Mastery & Soul-Centered Living. Students are required to attend all classes and successfully complete all courses, including:

- Ways of Knowing
- Integrative Approaches to Radiant Health I
- Integrative Approaches to Radiant Health II
- The Healing Consciousness
- Current Topics in Consciousness, Health, and Healing: Entelechy
- Six-Day Summer Retreat

“The spirit is the master, imagination the tool, and the body the plastic material ... the power of the imagination is a great factor in medicine. It may produce diseases in man and in animals, and it may cure them ... Ills of the body may be cured by physical remedies or by the power of the spirit action through the soul.”

— Paracelsus
Tuition & Schedule

CONSCIOUSNESS, HEALTH & HEALING PROGRAM

Monthly Tuition of $1,410 for the 10 Months $ 14,100
(October prepaid by Registration Deposit)
Application Fee (Non-Refundable) 100
Textbooks (estimated) 295
Total $ 14,495

Audit Tuition of $1,060 for the 10 Months $ 10,600

MONTHLY PAYMENT SCHEDULE

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<thead>
<tr>
<th>CLASS</th>
<th>TUITION</th>
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<tbody>
<tr>
<td>OCTOBER</td>
<td>$1,510</td>
<td>Includes the $100 Application Fee</td>
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<td>NOVEMBER</td>
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<td>DECEMBER</td>
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<tr>
<td>SUMMER LAB</td>
<td>$1,410</td>
<td>June 15</td>
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A SCHEDULE YOU CAN LIVE WITH

Classes meet one weekend a month, October through June, plus one week in the summer.

2017–18 CLASS SCHEDULE

OCTOBER 13–15, 2017
NOVEMBER 10–12, 2017
DECEMBER 8–10, 2017
JANUARY 12–14, 2018
FEBRUARY 9–11, 2018
SIX-DAY SUMMER LAB
AUGUST 3–8, 2018
MARCH 9–11, 2018
APRIL 13–15, 2018
MAY 11–13, 2018
JUNE 8–10, 2018
Drs. Ron and Mary Hulnick are pioneers and thought leaders in the field of Spiritual Psychology, and Master Teachers and Facilitators of Awakening in Consciousness. They are renowned educators, Hay House authors, and Founding Faculty of the University of Santa Monica where they have designed, developed, and facilitated Educational Programs for the past 35 years. Both are licensed Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist.

They are the authors of *Loyalty to Your Soul: The Heart of Spiritual Psychology*, published by Hay House and available in 12 countries and 8 languages. Their latest book, *Remembering the Light Within: A Course in Soul-Centered Living*, was published by Hay House in February 2017.

Drs. Ron and Mary Hulnick have provided leadership in designing and facilitating the University’s Soul-Centered Living Program in Spiritual Psychology; Consciousness, Health, and Healing; Soul-Centered Leadership; USM’s Online Classroom; and the groundbreaking Soul-Centered Professional Coaching Program.
Dr. Steve Chee joined the University of Santa Monica faculty in 2011 serving in the Consciousness, Health, and Healing Program.

Dr. Chee is dual trained and dual licensed as a Medical Doctor and in Traditional Chinese Medicine. He practices in Beverly Hills, California. Specializing in Integrative Medicine, he synergistically combines the two approaches and aims to use the best of both. Dr. Chee tailors his approach to each patient’s needs, using the most natural and least invasive approaches first while encouraging lifestyle changes. In addition, he incorporates the Principles and Practices of Spiritual Psychology to assist patients in using health challenges as opportunities for growth, transformation, and healing. He also serves as faculty for Doctoral Programs teaching Integrative Chinese Medicine.

Dr. Chee received his M.D. degree from Oregon Health & Science University in 2001 where he received a Student Leadership Award. He completed his residency training in Family Medicine at Glendale Adventist Family Practice Residency Program in 2004 where he also served as Chief Resident, receiving the Resident Teacher Award. In 2010, he received a Master of Arts degree in Spiritual Psychology with an Emphasis in Consciousness, Health, and Healing from the University of Santa Monica. He went on to receive a Master’s in Traditional Oriental Medicine in 2014. Furthermore, Dr. Chee has completed additional training in Mind-Body Medicine through Harvard’s Benson-Henry Institute.

Dr. Chee has assisted clinician healers in their own healing journey. In 2006, he began co-facilitating a Meaning in Medicine group that seeks to help physicians remember the heart of medicine. He also developed and facilitated an employee wellness program at a community health center.

Steve has always had a great love of learning. He receives great fulfillment from being in nature and being of service to others. Steve also enjoys meditation, tai chi, hiking, yoga, and traveling. He is married to his partner, Alanna Arthur-Chee.
Alanna Arthur-Chee has served as Faculty for the Consciousness, Health, and Healing Program at the University of Santa Monica since 2015. She received a Master of Arts Degree in Spiritual Psychology from USM in 2007 and added an Emphasis in Consciousness, Health, and Healing in 2008. She also graduated from the USM Soul-Centered Professional Coaching program in 2013, as a member of the inaugural class.

Alanna is a Life, Wellness, and Executive Coach, who has been in private practice since 2003. Being a Medical Intuitive and incorporating the Principles and Practices of Spiritual Psychology into her work, she helps clients laser focus on the heart of the issue, health-related or otherwise. With coaching clients worldwide, Alanna has worked with people in diverse professions including doctors, therapists, lawyers, actors, award-winning writers, entrepreneurs, stay-at-home parents, and business and entertainment executives from leading companies such as Disney and Paramount. She also facilitates a variety of workshops and groups focused on personal growth and development, health and wellness, consciousness, meditation, and stress reduction.

Partnering with her husband, Dr. Steve Chee, who is a Western family physician and Chinese medical doctor, together they bring an integrative approach to health and wellness in a medical clinic setting. Through coaching, she aims to help patients find a new perspective in which to look at, and work with, their health conditions.

Alanna received special training from the Benson-Henry Institute for Mind Body Medicine (BHI), through Massachusetts General Hospital, in the Stress Management and Resiliency Training (SMART). She also holds a Bachelor of Arts from California State University, Fresno. Having spent more than 25 years studying within the field of personal growth and development, she considers herself a lifelong student and has completed numerous trainings and certificate programs throughout the years.

In her free time, she nurtures her body, mind, and spirit through writing, yoga, meditation, creating art, and photographing nature’s beauty. Alanna resides in the Los Angeles area with her husband and their fur baby, Charlie.
What Grads are Saying ...

“If you would like to feel more comfortable in your skin, get in touch with the individual miracle that is You, and find a way to revel in your life, embracing each moment as sacred ... CHH is the place!”

—Heather Devore (CHH ‘12)

“CHH has been my most powerful USM experience thus far. As context, my two years in USM’s Spiritual Psychology Programs were hugely transformational for me, but what I experienced in CHH makes the first two years feel more like the creation of a sacred foundation upon which I am now able to take a deeper cut in working my own process and in experiencing the profound Spiritual epiphany I was yearning for all along.”

—Cyndi Yee (CHH ’08)

“I was standing at the gate to a new threshold in my consciousness. CHH was the key to that gate. I utilized that key and stepped through the gate into a new dimension of liberation for myself. I transmuted lifelong obstacles into sacred stepping stones through conceptual adjustments, attitudinal shifts, and energetic anchorings. The value of doing CHH for me was like putting the sacred frosting on the cosmic cake. INVALUABLE.”

—Jezrael Jeffriez (CHH ‘08)

“The CHH Program literally changed my DNA.”

—Sherry Sami (CHH ‘12)
“If the entelechy of an acorn is to become an oak tree, it is the entelechy of a human to realize itself as a pure emanation of Divine Love.”

Ron & Mary Hulnick
SOUL-CENTERED PROFESSIONAL COACHING PROGRAM

Facilitating Authentic Success on Both the Goal Line and the Soul Line of Life
“Most coaching has a Goal Line orientation, and rightly so, since the field of coaching stems from the world of athletics and is largely measured by enhanced Goal Line performance. All well and good. And when you add the Soul-Centered dimension to professional coaching, you open the door to results of a much higher order than will ever be achieved on the Goal Line alone. For what you assist in developing is a person who is not only achieving wins on the Goal Line but who is also enhancing the quality of their lives and the lives of those around them. Few professional coaches are trained this way largely because few have the basic orientation and related skills. Are you ready?”

DRS. H. RONALD HULNICK AND MARY R. HULNICK
President & Chief Creative Officer
Across the planet, millions of people are waking up to the realization that we are, in fact, Spiritual Beings having a human experience. This one realization, as it takes hold in the lens of human perception, will change everything. As we move forward into the future, the greatest needs of humanity will not be met with technological advances alone but with the emergence of individuals who possess both the abilities and Spiritual development sufficient to facilitate conscious Awakening for the Highest Good of all concerned.

The University of Santa Monica Certificate Program in Soul-Centered Professional Coaching is a professional training Program for graduates of the USM two-year Program in Spiritual Psychology (either the M.A. Degree or Certificate of Completion). The intention of the Coaching Program is to prepare graduates as professional Soul-Centered Life Coaches in service to the Awakening of Consciousness worldwide.

Students who participate in this seven-month Program will build upon the learning and competencies they have already developed as graduates of the USM Program in Spiritual Psychology. Coach-specific training is offered in a blended format including monthly weekend classes at the University, Peer Coaching groups, coaching sessions, and a Six-Day Summer Lab.

The Soul-Centered Professional Coaching (SCPC) Program is designed to prepare facilitators of consciousness who are capable of assisting their clients in Co-Creating and experiencing greater success and fulfillment in their lives. Specifically, they are prepared to assist others in manifesting their heartfelt dreams while at the same time supporting them in the deeper conversations that speak of purpose, meaning, and quality of life—the conversations that invariably tend to spring up when clients begin asking the questions beneath the questions.
For most people, coaching is about success on the Goal Line. What is unique about a USM Soul-Centered Professional Coach is that they have the advantage of coaching from the perspective of the Soul Line. And so, when those times arise that a client begins asking the deeper questions that lie beneath their Goal Line dreams and aspirations, a USM Soul-Centered Professional Coach will not hesitate to venture into areas of purpose, fulfillment, and making a meaningful contribution. In fact, this will be the hallmark of a USM Soul-Centered Professional Coach—that they will encourage their clients into Goal Line success as a natural result of Soul Line inquiry, including issue resolution.

Students in USM’s SCPC Certificate Program will receive 180 hours of coach-specific training, which includes the Core Competencies and Ethical and Professional Standards as set out by the International Coach Federation (ICF). Students will also have an opportunity to log a minimum of 12 hours of Peer Coaching and 12 hours or more of coaching with either paid or pro bono clients. There are additional requirements to apply for the ICF credential. More information can be found at www.coachfederation.org.
SCPC Program Objectives

The Certificate Program in Soul-Centered Professional Coaching prepares professional coaches who recognize, accept, and honor every person as a Divine Being having a human experience. This awareness informs the attitudes, choices, actions, and ethics of a Soul-Centered Coach. Building upon the Principles and Practices of Spiritual Psychology learned through participating in the two-year Program in Spiritual Psychology, students will participate in an educational process that fulfills the following objectives:

- **Preparing** Soul-Centered Professional Coaches who effectively coach others for success on both the Goal Line and the Soul Line of life.

- **Providing** a solid foundation and practical training in heart-centered business development and client acquisition.

- **Supporting** students in developing the discipline, tools, skills, consciousness, and Presence necessary to effectively coach others and to launch a successful coaching practice.

- **Offering** experiences designed to strengthen students in their commitment to standing forward in their professionalism, integrity, and Authenticity of who they are.

- **Encouraging** students through guidance and support in continuing to recognize and heal unresolved issues residing within, since a hallmark of a Soul-Centered Professional Coach is the willingness to engage in the necessary and ongoing inner work of transformation in service to assisting their clients in reaching their goals.

- **Enhancing** students’ commitment to their own Spiritual Awakening and the demonstration of mastery in recognizing and utilizing Goal Line challenges as Soul Line opportunities in their own unique Spiritual curriculum.

- **Assisting** students in cultivating their capacity for attuning to Spirit and listening to and following Spirit’s guidance in service to working with others and assisting them in Co-Creating Authentic Success on both the Goal Line and the Soul Line of life.

- **Challenging** students in consistently residing within and living the qualities of the Authentic Self, including Acceptance, Authenticity, Presence, Compassion, Forgiveness, Integrity, Strength-of-Heart, Enthusiasm, Peace, and Gratitude.

- **Inspiring** students to walk the talk as Soul-Centered Leaders with their clients, demonstrating congruence of vision, values, words, and actions in service to the upliftment of the human Spirit.
The SCPC Program is the only Professional Coaching Program taught from the empowering perspective of Spiritual Psychology. Its distinguishing features include:

- **Developing** your Authentic Voice as a professional coach, expanding your attunement and creativity, and building upon all of your USM skills, strategies, and life experiences as you become a unique emissary of Soul-Centered Living as a Soul-Centered Professional Coach.

- **Observing** and learning from distinguished lead Faculty Carolyn Freyer-Jones and Stephen McGhee—successful and dynamic coaches who have translated their USM education into successful coaching practices and have assisted other USM grads in doing the same.

- **Benefiting** from the extraordinary Wisdom, Loving, and Mastery of beloved Executive Faculty Drs. Ron and Mary Hulnick, who are intimately involved in the design and development of this Program.

- **Learning** and applying the art of client acquisition with Master Coach, best-selling author, co-author of *The Prosperous Coach*, and sought-after speaker Steve Chandler.

- **Honoring** your coaching abilities in Peer Coaching trios with other USM graduates. Building your confidence as you experience what is possible through developing mastery in Soul-Centered Professional Coaching.

- **Identifying** and implementing heartfelt, meaningful, and relevant action steps for your expansion, learning, and professional development as a Soul-Centered Professional Coach. Themes may include business development, writing, speaking, group facilitation, and more.

- **Utilizing** fully the material that surfaces as you move forward on the Goal Line in service to your healing and transformation on the Soul Line.

- **Dedicating** time to Working Your Process around common challenges and/or limiting beliefs/misinterpretations/misidentifications for you who are stepping forward into professional mastery.

- **Receiving** training in the International Coach Federation Core Competencies and Code of Ethics.
Foundations of Soul-Centered Professional Coaching

This Program Module is designed to immerse students in training for the coaching profession and to support building a foundation in USM’s unique approach: Soul-Centered Professional Coaching—Facilitating Authentic Success on Both the Goal Line and the Soul Line of Life. The educational process builds upon the Principles and Practices of Spiritual Psychology that USM graduates have learned. Students review the Soul-Centered Basic Skills and six Facilitation Strategies, and learn an additional 16 Soul-Centered Basic Skills developed specifically for the SCPC Program as applied through the lens of coaching. Ongoing foci include establishing trust and intimacy with clients and engendering Authenticity and Presence. Additionally, students receive coach-specific training in the ethics, standards, and Core Competencies established by the International Coach Federation.

Authentic Empowerment and Soul-Centered Leadership in Coaching

Undoubtedly, the most important qualifications to become a Soul-Centered Professional Coach are Authentic Self-Empowerment and Soul-Centered Leadership. This Program Module offers students practical opportunities to strengthen in these areas through aligning their principles, intentions, and actions with their purpose and calling. Students are supported in identifying and implementing heartfelt, meaningful, and relevant action steps for their expansion, learning, and professional development as Soul-Centered Professional Coaches. Themes may include business development, writing, speaking, group facilitation, and more. The premise that coaches “walk the talk” of Authentic Empowerment and stand forward as Soul-Centered Leaders in their own lives and with their clients is the basis for the work done in this Program Module.

Heart-Centered Business Development

Students are assisted in strengthening in their ability to grow their practice in ways that are authentic and consistent with their intention to make a meaningful contribution in the world, including how to conduct conversations with potential clients, how to authentically connect within their communities as a trusted source of support and transformation, how to stand forward in one’s Professional self, and strengthening one’s Entrepreneurial Spirit. Working Your Process opportunities explore the themes of business development, healing issues around money, and dissolving confusion of Goal Line success with personal Self-worth. Through hands-on practice and tracking of leveraged actions, students cultivate the qualities of confidence, courage, discipline, initiative, and integrity that are necessary for success in earning one’s livelihood as a Soul-Centered Professional Coach.
The Art and Practice of Soul-Centered Professional Coaching

Students engage in coaching sessions with their peers as a way of practicing and integrating their Soul-Centered Professional Coaching skills and receiving evaluative feedback on an ongoing basis throughout the seven months of the Program. Students will complete a minimum of 24 hours of Peer Coaching, logging 12 hours as the coach, and 12 hours as the client. In addition to participating in Peer Coaching groups, students will be required to conduct a minimum of two coaching sessions each month, either with paid clients or pro bono clients, for a total of 12 or more additional coaching hours.

Mastery in Working with Goal Line and Soul Line Opportunities

Continuing individual issue resolution work is a vital part of serving as an effective Soul-Centered Professional Coach. Students will participate in Working Your Process trios during class sessions. Themes for exploration may include but are not limited to: confidence, questions about worthiness to serve, confusion of Self-worth and net worth, competition, comparison, lack, self-importance, and recognizing and working with other ego patterns.

Soul-Centered Professional Coaching Six-Day Summer Lab

The Coaching Lab is the culmination of seven months of transformational work and professional training. In an atmosphere of love and laughter, world-renowned coach Dr. Robert Holden shares inspiration, creativity, and practical coaching tools that can be immediately applied into students’ own practices. Students will have the opportunity to experience deep healing in service to standing forward as Soul-Centered Professional Coaches. Each day, Robert is joined by Drs. Ron and Mary Hulnick for an exquisite completion sharing session in which the day’s learnings are integrated under the guidance of the three Master Coaches.
In addition to the 41 Soul-Centered Basic Skills learned in the two-year Program in Spiritual Psychology, SCPC students learn and work with the following SCPC Basic Skills:

1. Coaching as a Path of Service—Moving From Self-Doubt to Serving From the Authentic Self Level
2. Discovering the Goal Behind the Goal
3. Facilitating Clear, Positive Intention
4. Learning to Love Growing Your Practice
5. Facilitating Moving From the Ego Pattern of Pleasing/Approval-Seeking to Serving From the Authentic Self
6. Living Within Heartfelt Integrity
7. Standing Forward in Your Professional Self
8. Facilitating the Art of Generative Questioning
9. Standing Forward in Soul-Centered Leadership
10. Transforming Expectations Into Agreements
11. Attuning to Your Intuition/Natural Knowing
12. Facilitating Turning Pro
13. Facilitating Loving Self-Discipline
15. Facilitating Finding the Value
16. Facilitating Empowering Completion Sessions
DAYS 1 & 2: SHIFT HAPPENS
If you think something is missing in your life, it’s probably you!

Robert shares three Spiritual principles that transformed his life:

1) The Already Principle
2) Miracle of Self-Acceptance
3) Drama of Authenticity

DAY 3: HAPPINESS NOW
There is a world of difference between searching for happiness and following your joy.

Robert focuses on his pioneering work with The Happiness Project. Independent scientists declared Robert’s eight-week happiness course “a genuine fast-track to happiness.”

DAY 4: AUTHENTIC SUCCESS
To be more successful, you have to dare to be more of who you really are.

Robert coaches you on the heart and soul of success. His Success Intelligence Program is hailed as one of the most effective coaching programs in the world—used by leaders, entrepreneurs, artists, and global brands like Dove, The Body Shop, and Hay House.

DAY 5: PRESENCE OF LOVE
The greatest influence you can have in any situation is to be the presence of love.

Robert teaches meditations and principles from his Loveability Project. He also shares his experiences writing *Life Loves You* with Louise Hay.

DAY 6: EXPERIENCING MIRACLES
When you show up fully in your life and work, miracles happen.

Robert shares his love of *A Course in Miracles*—and how he uses miracle principles in his daily life and his coaching practice.
The International Coach Federation
Path to Certification

USM’s SCPC Program prepares students for demonstrating mastery in all of the International Coach Federation Core Competencies:

**SETTING THE FOUNDATION**

- **Meeting Ethical Guidelines and Professional Standards**—Understanding of coaching ethics and standards and ability to apply them appropriately in all coaching situations.

- **Establishing the Coaching Agreement**—Ability to understand what is required in the specific coaching interaction and to come to agreement with the prospective and new client about the coaching process and relationship.

**CO-CREATING THE RELATIONSHIP**

- **Establishing Trust and Intimacy with the Client**—Ability to create a safe, supportive environment that produces ongoing mutual respect and trust.

- **Coaching Presence**—Ability to be fully conscious and create a spontaneous relationship with the client, employing a style that is open, flexible, and confident.

**COMMUNICATING EFFECTIVELY**

- **Active Listening**—Ability to focus completely on what the client is saying and is not saying, to understand the meaning of what is said in the context of the client’s desires, and to support client self-expression.

- **Powerful Questioning**—Ability to ask questions that reveal the information needed for maximum benefit to the coaching relationship and the client.

- **Direct Communication**—Ability to communicate effectively during coaching sessions and to use language that has the greatest positive impact on the client.

**FACILITATING LEARNING AND RESULTS**

- **Creating Awareness**—Ability to integrate and accurately evaluate multiple sources of information and to make interpretations that help the client to gain awareness and thereby achieve agreed-upon results.

- **Designing Actions**—Ability to create with the client opportunities for ongoing learning, during coaching and in work/life situations, and for taking new actions that will most effectively lead to agreed-upon coaching results.

- **Planning and Goal Setting**—Ability to develop and maintain an effective coaching plan with the client.

- **Managing Progress and Accountability**—Ability to hold attention on what is important for the client and to leave responsibility with the client to take action.
SCPC Format and Certificate Requirements

The SCPC Program is delivered in six monthly in-person class weekends, plus a Six-Day Summer Lab. Methods of in-class instruction include lectures, large group coaching demonstrations, coaching practice, large group discussion, small group coaching forums, and individual instruction by faculty.

Prerequisite to enrollment in this Program includes the successful completion of the University of Santa Monica’s two-year Program in Spiritual Psychology (M.A. Degree or Certificate of Completion). Students studying for the Soul-Centered Professional Coaching Certificate of Completion are required to satisfactorily complete a minimum of 180 hours of coach-specific training including attending all class sessions, completing all Peer Coaching and assigned coaching sessions, and successfully completing all Home Assignments.

Successful completion of all Program Modules is required including:

- Foundations of Soul-Centered Professional Coaching
- Authentic Empowerment and Soul-Centered Leadership in Coaching
- Heart-Centered Business Development
- The Art and Practice of Soul-Centered Professional Coaching
- Mastery in Working with Goal Line and Soul Line Opportunities
- Soul-Centered Professional Coaching Six-Day Summer Lab.
APPLICATION TO THE CERTIFICATE PROGRAM IN SOUL-CENTERED PROFESSIONAL COACHING

Pre-requisite to enrollment in the SCPC Program is the successful completion of the University’s two-year Program in Spiritual Psychology (M.A. or Certificate of Completion). For admissions criteria, please contact the Office of Admissions.

Space in this Program is limited. Classes are held January–June, plus one week in the summer. Application for the Program is due on the first of November preceding the beginning of classes.

The online Application may be accessed from the USM Web site.

Applicants must provide proof of a high school diploma, GED credential, or copy of a bachelor’s or advanced degree with their application. There is a $100 Application fee required for SCPC Application processing.

Please contact the Office of Admissions for further information.
# Tuition & Schedule

## Soul-Centered Professional Coaching Program

- **Monthly Tuition of $2,150 for the 7 Months** $15,050
  (January paid by Registration Deposit)
- Application Fee (Non-Refundable) 100
- Student Tuition Recovery Fund Fee 0
- Textbooks (estimated) 295

**Total Program Cost** $15,445

## Monthly Payment Schedule

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<th>Class</th>
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## A Schedule You Can Live With

Classes meet one weekend a month, January through June, plus one week in the summer.

This Program is scheduled to be offered in 2019.
“In the First Year at USM students are Learning The Game, in the Second Year they move into Playing The Game, and in Consciousness, Health, and Healing they demonstrate Being The Game. My experience of Soul-Centered Professional Coaching is that USM Grads are truly stepping forward in Facilitating The Game—Facilitating Authentic Success on Both the Goal Line and Soul Lines—first for themselves, then sharing this profound Loving service with their clients.

“Imagine our tribe of USM-trained coaches going out into the world and touching thousands of Awakening Souls with the Principles and Practices of Spiritual Psychology, sharing our unique gifts and Authentic Voices with professional strength and mastery. That’s the magnificent vision you’ll be a part of when you answer the Call to even greater service through Soul-Centered Professional Coaching.”

—Lisa Peake
SCPC Program Director
“One of my favorite things to do as a professional coach is to support USM grads in launching or strengthening themselves as Soul-Centered Professional Coaches. As USM grads, we have SO much to offer. My experience is that a USM education is the very best training for professional coaches, bar none.

“USM’s Coaching Program is a place where grads come to learn, grow, and become more masterful as coaches, as business owners, as leaders, and in their own next level of healing. We are committed to serving each student with everything we have. What’s ours is yours.

“Know this—we will be there with you every step of the way, meeting you wherever you come in, partnering with you in your next level of growth, learning, and success.”

Carolyn Freyer-Jones, M.A., has been coaching men and women in creating greater success, joy, and fulfillment for over 15 years. Carolyn has supported clients in launching new businesses, strengthening relationships, transforming careers, growing themselves as leaders, and experiencing greater peace and joy. She loves supporting service professionals in growing in their ability to be powerful and effective enrollers—many of whom have experienced results of growing their income two and three times. Her clients include corporate executives, business owners, authors, lawyers, television hosts, salespeople, and more.

Carolyn participated in developing the University of Santa Monica’s Soul-Centered Professional Coaching Program with Drs. Ron and Mary Hulnick, Steve Chandler, Michelle Bauman, and Stephen McGhee, and is one of the lead faculty members for the Program.

Carolyn also co-facilitated a series of women’s coaching groups—“Self-Mastery for Women: Co-Creating an Inspiring Life” and “Self-Mastery for Professional Women”—as well as weekend intensives. She developed and led these programs with her business partner and beloved friend, Michelle Bauman, who passed away in December of 2015. Carolyn continues to carry on their work and is currently taking their “Self-Mastery for Professional Women” work into corporate settings. She often shares about Michelle’s life, her exampleship, and their connection as a source of ongoing inspiration.

Carolyn graduated with a Master’s Degree in Spiritual Psychology in 1998 from the University of Santa Monica and considers the Principles and Practices of Spiritual Psychology to be the foundation and springboard for her work in the world as well as her personal life. She and her husband, John Jones (also a USM graduate), have been married for more than 20 years and have a daughter, Lucinda, who brings them great joy and gives them many opportunities for using their USM education.
Stephen McGhee is at the forefront of mind-expanding new directions in the field of coaching. For the past 25 years, he has guided business executives and influential leaders across the globe to go beyond self-imposed limitations to new levels of leadership and results. Stephen coaches the whole person physically, mentally, emotionally, and spiritually. He assists his clients to expand their attunement toward their own Soul’s purpose, so as to convert their potential into exponential results.

An international keynote speaker and author of three books on leadership, Stephen has helped transform accomplished individuals around the country and initiated cultural change initiatives with major corporations such as Microsoft, Merck, Georgia Pacific and Navy Federal Credit Union. He has guided world leaders, professional athletes, politicians, and entrepreneurs to higher awareness in life and to greater success on the bottom line.

Working with Stephen has been referred to as the adventure of a lifetime. His honesty, personal integrity, and devotion to Spirit guide his practice. He will assist you in revealing your areas of improvement, so that your highest expression as a coach can be brought forward to serve your clients at the highest potential. When that occurs, building a lucrative and joy-filled coaching practice becomes second nature.

The Principles and Practices of Spiritual Psychology are the foundation for Stephen’s life. He graduated from the University of Santa Monica in 2002 with a Master’s Degree in Spiritual Psychology where he was awarded Student of the Year.

Stephen lives in Colorado, where you can find him fly-fishing, skiing, hiking, doing yoga, or having a great cup of coffee with a friend. He believes that the ordinary things in life can bring us extraordinary joy and blessings.
Steve Chandler is known as America’s notoriously unorthodox personal growth guru who has helped thousands of people transform their lives and businesses. Steve gives us a choice: either continue to think of ourselves as victims or take ownership of our lives and extend our possibilities in limitless directions. Steve is a Master Coach of Coaches and founder of the Steve Chandler Coaching Prosperity School, which had a successful run from 2008 to 2012, when it closed in December to allow more time for him to focus on new projects, the most exciting of which is USM’s SCPC Program. Steve’s transformational success coaching, public speaking, and business consulting have been used by CEOs, top professionals, major universities, and over 30 of the Fortune 500 companies. He has twice won the national Audio of the Year award from King Features Syndicate.

A popular guest on TV and radio talk shows, Steve Chandler has recently been called “the most powerful public speaker in America today.” Known for his strength, charisma, and humor, Steve has been captivating audiences with his transformational facilitation for more than two decades. He is also the prolific author of dozens of books, which have been translated into more than 30 foreign language editions, and six of which have been best-sellers. He is the co-author of The Prosperous Coach: Increase Income and Impact for You and Your Clients.

Steve graduated from the University of Arizona with a degree in Creative Writing and Political Science. He spent four years in the military studying language and psychological warfare; however, he credits his own life experiences with failure as the most valuable tools for helping others. Steve’s audiences are inspired by stories of his “low points”—it gives them hope because they realize that if Steve can transform his life into a masterpiece, so can they.

Steve served as a visiting faculty member for the University of Santa Monica’s Soul-Centered Leadership Program and has been a trusted advisor to the University and its graduate community for a number of years.

Steve and his wife, Kathy, live in Michigan with their canine companion, Jimmy, and enjoy frequent visits from Steve’s four grown children. Steve and Kathy love performing at musical events and traveling together to many of Steve’s speaking engagements around the world.
Robert Holden, Ph.D., is a global thought leader on Happiness and Success Intelligence. He is known as Britain’s foremost expert on happiness and is the author of ten best-selling books. Robert’s innovative work on psychology and spirituality has been featured on *Oprah, Good Morning America*, PBS, and the BBC. His clients include Virgin, IBM, The Body Shop, Accenture, Google, and Dove’s “Real Beauty Campaign.” He is the best-selling author of *Happiness NOW!, Shift Happens!, Authentic Success*, and *Loveability*.

Robert has traveled the world as a much-loved keynote speaker. At USM’s 2014 Graduation, he raised the roof of the collective consciousness with his inspiring and laugh-out-loud talk. His work is resonant with that which is the Heart and Soul of USM. He is a world-class coach and simultaneously a man who understands that the ultimate coach is Love. He currently teaches a course on Spirituality & the Enneagram and is a student of *A Course in Miracles*, and the author of *Holy Shift! 365 Meditations From A Course in Miracles*.

In addition to being USM’s 2014 Graduation speaker, Robert facilitated the Soul-Centered Professional Coaching Lab in 2015, which included daily themes from his major projects: *Shift Happens!, Happiness Now, Authentic Success, Presence of Love, and Experiencing Miracles*. Drs. Ron and Mary Hulnick joined Robert each evening for large group sharing, offering students a unique opportunity to integrate the insights of the day and absorb the Wisdom, Loving, and Compassion of these three master facilitators.

Robert lives in London with his wife, Hollie, daughter Bo, and son Christopher. He contributes daily to his Facebook page at *drrobertholden* and also hosts a weekly show for Hay House Radio called *Shift Happens!* His latest book *Life Loves You*, co-written with Louise Hay, is published by Hay House. If you visit Robert’s Facebook page, you’ll see that among his favorite things are visiting his yoga mat, learning about the Enneagram, cooking up a feast in the kitchen, and spending quality time with his family.
“Can you envision a life for yourself in which you share your gifts and make a living assisting others in this joyful and sacred process of transforming their consciousness and transforming their life? We invite you to join us!

“Success on the Goal Line of life involves clear vision, clear intention, taking action, receiving feedback, and, as necessary, taking course-corrective action. Success on the Goal Line also means when you encounter barriers to achieving your goals and dreams, you recognize when there’s an opportunity to move to the Soul Line and Work Your Process in service to dissolving those barriers. And lo and behold, a natural by-product of issue resolution tends to be greater clarity, Joy, Enthusiasm, and willingness regarding how to move forward on the Goal Line; thus, we discover one of the most empowering keys for manifesting Authentic Success on both the Goal Line and Soul Line of life.”

Drs. Ron and Mary Hulnick are pioneers and thought leaders in the field of Spiritual Psychology, and Master Teachers and Facilitators of Awakening in Consciousness. They are renowned educators, Hay House authors, and Founding Faculty of the University of Santa Monica where they have designed, developed, and facilitated Educational Programs for the past 35 years. Both are licensed Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist. They are the authors of Loyalty to Your Soul: The Heart of Spiritual Psychology, published by Hay House and available in 12 countries and 8 languages. Their latest book, Remembering the Light Within: A Course in Soul-Centered Living, is currently in production at Hay House for a 2017 release.

Drs. Ron and Mary Hulnick provided leadership in designing and facilitating the University’s Soul-Centered Living Program in Spiritual Psychology; Consciousness, Health, and Healing; Soul-Centered Leadership; USM’s Online Classroom; and the groundbreaking Soul-Centered Professional Coaching Program.
“I saw the angel in the marble and carved until I set him free.”

Michelangelo
General Information

Founded in 1976, the University of Santa Monica offers Certificate Programs in Spiritual Psychology.

**THE USM CATALOGUE**

This *Catalogue* is effective from January 1, 2017, through December 31, 2018.

This *Catalogue* is reviewed and updated annually, and the University of Santa Monica reserves the right to make any revisions in this *Catalogue* that it deems necessary, including changes in curriculum, procedures, policies, guidelines, and tuition at any time.

**PROGRAM YEAR**

Classes for the Soul-Centered Living Certificate Program begin each fall in late September or early October. Classes are held monthly (October–June) in a weekend format, plus one week each summer. Please see this year's schedule on page 43.

Classes for the Life Mastery and Soul-Centered Living Certificate Program begin each fall in early October. Classes are held monthly (October–June) in a weekend format, plus one week each summer. This Program is scheduled to begin in the fall of 2018.

Consciousness, Health & Healing Certificate Program is generally offered every other year with classes beginning in October. Classes are held monthly (October–June) in a weekend format, plus one week each summer. Please see this year's schedule on page 69.

The Certificate Program in Soul-Centered Professional Coaching is offered every other year beginning in January. Classes are held monthly (January–June) in a weekend format, plus one week in the summer. Classes are scheduled to begin in January 2019.

These class schedules allow adults with busy personal and professional lives to participate. Class schedules are posted on the University’s Web site or you can contact the Office of Admissions to receive a copy.

**A SCHEDULE YOU CAN LIVE WITH**

Classes meet one weekend a month, October through June, plus one week in the summer. This schedule allows adults with busy personal and professional lives to participate.

**ONE WEEKEND PER MONTH***:

- **FRIDAY:** 7:00 – 11:00 P.M.
- **SATURDAY:** 10:00 A.M. – 10:00 P.M.
- **SUNDAY:** 9:30 A.M. – 7:30 P.M.

*All ending times are approximate. Meal breaks of 1.5 to 2 hours are scheduled on Saturday and Sunday along with other short breaks throughout the day.

Class schedules are available on the Web site.
General Information

HOUSING
The University of Santa Monica does not assume responsibility for student housing, does not have dormitory facilities under its control, nor does it offer student housing assistance. According to rentals.com for Santa Monica, rental properties start at approximately $1,500 per month.

Students are expected to find and arrange for housing for themselves. Hotel accommodations are available nearby, and many have reduced rates for USM students.

TUITION AND EXPENSES
Full details, including monthly and yearly tuition summaries for each Program, are clearly outlined in the Financial Policies section, pages 126–139.

FINANCIAL AID
The University of Santa Monica is not accredited by an agency recognized by the United States Department of Education (USDE), and students are not eligible for state or federal financial aid programs.

STUDENT SERVICES
Below is a listing of services provided to prospective and current students:

Admissions Advisor
Applicants are assigned a designated Admissions Advisor who will provide in-depth information about USM’s Programs, Admission requirements, tuition & fees, and answer any questions.

Student Services Representative
Assistance is available for students from the Student Services Representative relative to the Program including questions about policies, attendance requirements, class schedules, etc.

Educational Materials
Students receive these materials in class: Course Syllabi, handouts, and notebook binders.

For Soul-Centered Living, Online Tools and Activities are provided on an ongoing basis throughout the 10-month Program, ultimately totaling more than 70 distinct Soul-Centered Living Practices available to students 24/7.

Registration Services
Students are registered for courses and are provided with nametags for class.

Financial Services
The Finance Office handles questions about tuition payments, payment plans, and other financial matters.
Parking
Parking passes for parking near the USM Center are distributed to those students who need them for class weekends.

The University of Santa Monica does not provide placement services for students or graduates of its Programs.

USM Community
An important product of the University of Santa Monica is the quality of our learning environment. As a conscious educational community, we are continually cultivating and evolving in service to all participating. At USM, everyone is a student, including currently enrolled students, staff, faculty, and alumni. Our intention is congruence between what is taught and the process through which it is taught.

Library Resources
Since we are fortunate to have our facilities in Santa Monica, we have the availability of a comprehensive local university library (UCLA) for our students to have library access.

The UCLA Library makes its collection available to the public. They issue library cards to individuals and not institutions; therefore, each student will need to apply individually for a library card.

The UCLA Library Lending Code, which you can get at the UCLA Library, can answer your specific questions about the procedures for borrowing. It is available online at www.library.ucla.edu. Select “Borrowing” from the “Services” drop-down menu.

To obtain a library card, go to the Young Research Library on the UCLA campus. Contact the library for hours of card issuance.
The Students

USM’s Certificate Programs appeal to those who recognize the sacredness and healing potential of human existence and who intend to incorporate this recognition more fully into their lives.

Students at the University of Santa Monica are adults with diverse cultural and varied educational, professional, and personal backgrounds. We have designed our Programs to accommodate those with both professional and family responsibilities. The weekend format allows students to come from great distances to participate. Since classes meet monthly over the course of two years, deep bonds are formed as students become a community of support for one another.

The University of Santa Monica provides its students with opportunities for growth both personally and professionally through the application of the Principles and Practices of Spiritual Psychology to everyday life experience. This educational process results in students experiencing greater connection with who they are and their life’s purpose, and enhanced levels of success and fulfillment. This empowers them to make a meaningful contribution in their world.

USM Students are:

- Mental health professionals
- Educators
- Healthcare professionals
- Artists
- Business professionals
- Public servants
- Those who would like to enhance their interpersonal effectiveness and the quality of their relationships personally and professionally
- Those on a spiritual path who would like to be of greater service to themselves and others who are seeking their next steps personally and professionally.

As students complete the Program, they take their place within a community of individuals who are committed to a Learning Orientation to Life and to Soul-Centered Living.
Organization & Leadership

Organizational Structure
The University of Santa Monica is a private, not-for-profit educational institution recognized by the U.S. Internal Revenue Service as organized and operated for educational purposes and, therefore, exempt from taxation, pursuant to IRC Section 501(c)(3).

The governing body is the Board of Trustees, which consists of nine members each serving a two-year term. Trustees are elected at an annual meeting or a special meeting held for that purpose by the members of the corporation. The Board meets at least four (4) times a year to conduct corporate business. The Trustees are responsible for choosing the officers of the corporation and for delegating authority to the President.

The President reports directly to the Board of Trustees. The Chief Creative Officer and Chief Financial Officer report to the President.

The Board of Trustees
H. Ronald Hulnick, Ph.D.—Chair
President
University of Santa Monica

Emilio Diez Barroso
Chairman and CEO of
NALA Investments

John E. McBride
President
Matsco, LLC

Scott Mednick
Film Producer

John Morton, D.S.S.
Chancellor
University of Santa Monica

Michael Murphy
Retired President & CEO
Mars Incorporated

Richard Powell
Retired President & CEO
Big 8 Supermarkets

Kelli Tabb Steinberg, Esq.
Counsel
Steinberg and Spencer

Board Members Emeritus
John Bateman, M.D.
Psychiatrist

Steve Fieldman
Retired President
Executive Search & Placement Firm

Matthew Molitch, J.D.
Retired Chairman
The Clark Group, Inc.
University Leadership
Dr. H. Ronald Hulnick and Dr. Mary R. Hulnick, President and Chief Creative Officer, respectively, of the University of Santa Monica, have been involved in graduate education for more than 35 years. They are well-respected leaders and educators in the field of Spiritual Psychology. Both Ron and Mary are licensed in the State of California as Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist. Ron and Mary are the Founding Faculty and designers of the University’s in-person classes and online offerings, and co-facilitate many classes along with other USM faculty.

The Executive Leadership Team consists of the President, Chief Creative Officer, Chief Financial Officer, and senior staff. The Executive Leadership Team is responsible for the overview of daily operations; formulation and overview of organization systems, policies, and procedures; reporting systems; organizational quality assurance; and leadership in all areas of the University.
University Facilities

All classes are taught in a residential format at the University of Santa Monica’s administrative offices and classrooms located at 2101 Wilshire Boulevard in Santa Monica, California, 90403. The University’s mailing address is 2107 Wilshire Blvd., Santa Monica, CA 90403.

The University of Santa Monica administrative offices and classrooms are located at the corner of Wilshire Boulevard and 21st Street in Santa Monica, California. The facilities are spacious, attractive, and located on the first and second floors of the building. The University’s combined offices and classrooms occupy approximately 16,000 square feet of the building; the administrative office space is separate from the classrooms, restrooms, and kitchen areas.

The building that houses the University is well equipped for handicapped access. There is an external walkway, ramp, and elevator to provide access to the classrooms. There is a no-smoking policy in the entire facility, so smokers are restricted to the walkway and exterior sites of the building. Street or lot parking is available to our students.

The classrooms are well lit and spacious, with excellent acoustics and visibility. They vary in size as such:

- **USM Classroom (Brentwood Ballroom):**
  - 3,920 square feet

- **USM Classroom:**
  - 2,358 square feet

- **USM Classroom (Palisades Room):**
  - 2,006 square feet

- **USM Classroom (Westwood Room):**
  - 1,028 square feet

Each classroom is equipped with chairs, tables, easels, and audio-visual and electronic equipment.
Parking Information

Students have the option to use parking at the Union Bank Parking Garage at 2001 Wilshire Boulevard (one block west of USM) during class weekends.

NOTE: Please park only in VISITOR and NON-RESERVED spaces. Parking cards are distributed in the October class weekends. If these spaces are full, then you will need to locate street parking. There is limited street parking in the residential areas around the University. Parking regulations as indicated by street signage must be observed.

No student parking is allowed in the following areas:

Private driveways. The neighbors and homeowners on the residential streets around the University of Santa Monica will have your car ticketed and towed if you block their driveways. Always be aware of all posted No Parking times and Permit Only areas.

The parking lots located behind the USM building between 21st and 22nd streets. This includes weekends, as these lots are used on Saturdays and Sundays by building staff. Your car will be towed if you park in these lots.

Students with special needs who require handicapped parking for class weekends can contact the Student Advisor for information and assistance.
“Wherever we go in the world, we recognize USM graduates. You have heart and integrity. This is the education of the future.”

—Gay & Kathlyn Hendricks, Ph.Ds, Authors of over 30 books including *Conscious Loving: The Journey to Co-Commitment*

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**Traveling to the University**

In the 35-plus years the University of Santa Monica has been offering classes, students living in all regions of the country have traveled to Santa Monica to participate in the Programs in Spiritual Psychology. Graduates have commuted from all parts of the United States, including Alaska and Hawaii. Distance need not be a barrier to participating in these Programs!

In order to accommodate the growing number of students traveling to the University from outside California, agreements with SuperShuttle for discounted ground travel from LAX Airport to USM, as well as special rates for accommodations at local hotels that are close to the University, have been arranged.

If you’d like more information about transportation and hotels, please visit the following link on USM’s website: [www.universityofsantamonica.edu/about/campus](http://www.universityofsantamonica.edu/about/campus)
Institutional Approval

The University of Santa Monica is a private institution approved to operate by the California Bureau for Private Postsecondary Education. Approval to operate means the institution is compliant with the minimum standards contained in the California Private Postsecondary Education Act of 2009 (as amended) and Division 7.5 of Title 5 of the California Code of Regulations.

History of Program Approvals

September 1981
First Master’s Program students were admitted.

January 1982
Received authorization to grant Master’s degrees, operating under California Education Code Section 94310(3).

June 1983
Applied for and received State approval under California Education Code Section 94310(2).

July 1985
Received approval from the Department of Immigration (INS) to issue student visas.

July 1992
Received approval from the Bureau for Private Postsecondary and Vocational Education (BPPVE) to offer a Master’s Program in Counseling Psychology with an Emphasis in Spiritual Psychology, fulfilling the educational requirements for licensing as a Marriage and Family Therapist in California.

October 1997
Received State approval to offer the M.A. Program in Spiritual Psychology With an Emphasis in Consciousness, Health, and Healing. This Program is uniquely designed and focuses on the place where psychology and spirituality interface with consciousness, health, and healing.

April 2005
Received approval from the BPPVE to offer a Doctoral Program (Psy.D.) in Counseling Psychology with an Emphasis in Spiritual Psychology.

June 2006
Received State approval for a second Doctoral Program: Psy.D. in Spiritual Psychology with an Emphasis in Soul-Centered Leadership.
April 2007
Received approval from BPPVE to include distance (online) learning programs to supplement and complement residential instruction.

January 2010
Received re-approval to offer all Programs under newly formed Bureau for Private Postsecondary Education (BPPE).

October 2012
Received approval from the BPPE to offer a Certificate Program in Soul-Centered Professional Coaching.

June 2015
Informed the BPPE that the Master’s Degree Programs were being taught out for 2015–16 and USM was discontinuing the enrollment of new students in the Program. Received approval for the addition of Soul-Centered Living I: A 10-Month Certificate Program in Spiritual Psychology.

April 2016
Received notification from the BPPE of re-approval to operate granted through April 2021.

July 2017
Received approval from the BPPE of to offer Life Mastery and Soul-Centered Living: A 10-Month Certificate Program in Advanced Spiritual Psychology.
Notice Concerning Transferability of Credits and Credentials Earned at the University of Santa Monica

The transferability of credits you earn at the University of Santa Monica is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn at USM is also at the complete discretion of the institution to which you may seek to transfer. If the credits or certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending USM to determine if your credits or certificate will transfer.

Transfer Credits

Due to the unique and specialized curriculum in Spiritual Psychology at USM, graduate credits earned at other institutions will not be accepted for any of the Programs offered. The University of Santa Monica does not accept hours or credit earned through challenge examinations, achievement tests, or experiential learning.

The University of Santa Monica does not admit ability-to-benefit students for any Programs offered by USM.

Credit for Life/Work Experience

At this time, no credit is awarded for life/work experience for any Programs offered by USM.
Further Information

Any questions a student may have regarding this Catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, or P.O. Box 980818, West Sacramento, CA 95798-0818, www.bppe.ca.gov, toll-free telephone number (888) 370-7589 or by fax (916) 263-1897.

As a prospective student, you are encouraged to review this Catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

General and Program brochures are available for review on the Web site (www.UniversityofSantaMonica.edu).

A degree or certificate program that is unaccredited or a degree from an unaccredited institution is not recognized for some employment positions, including, but not limited to, positions with the State of California.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll free or by completing a complaint form, which can be obtained on the bureau’s Internet Web site, www.bppe.ca.gov.

The University of Santa Monica has never filed a bankruptcy petition, operated as a debtor in possession, or had a petition of bankruptcy filed against it under Federal law.
Application to Soul-Centered Living: A 10-Month Certificate Program in Spiritual Psychology

USM accepts only 255 highly qualified students each year. Classes begin once a year in October and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program.

Applicants must provide proof of a high school diploma, GED credential, or copy of a bachelor's or advanced degree with their application. There is a $100 Application fee required for SCL I Application processing.

If it is your intention to participate, we encourage you to complete your Application early in order to receive priority consideration for admission. To begin your Application, visit www.universityofsantamonica.edu/admissions.

Soul-Centered Living Admissions Criteria

For acceptance to Soul-Centered Living: A 10-Month Certificate Program in Spiritual Psychology, the University of Santa Monica’s Admissions Committee uses the following criteria to evaluate each applicant’s completed application.

- Commitment to life-long learning.
- Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
- Readiness to function as an actively involved learner.
- Commitment to full participation and completion of the Program.
- High School Diploma/GED or its equivalent OR evidence of a Bachelor’s degree or higher.
- For applicants whose native language is other than English, a minimum TOEFL score of 560 on the paper test, 220 on the computer test, or a total score of 83 on the internet-based test (with a minimum of 20 on each of the four test components).
APPLICATION TO LIFE MASTERY AND SOUL-CENTERED LIVING: A TEN-MONTH CERTIFICATE PROGRAM IN ADVANCED SPIRITUAL PSYCHOLOGY

USM accepts only 255 highly qualified students each year. Classes begin once a year in October and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program.

Applicants must provide proof of a high school diploma, GED credential, or copy of a bachelor's or advanced degree with their application. There is a $100 Application fee required for SCL I Application processing.

If it is your intention to participate, we encourage you to complete your Application early in order to receive priority consideration for admission. To begin your Application, visit www.universityofsantamonica.edu/admissions.

LIFE MASTERY & SOUL-CENTERED LIVING

ADMISSIONS CRITERIA

For acceptance to Life Mastery & Soul-Centered Living: A 10-Month Certificate Program in Advanced Spiritual Psychology, the University of Santa Monica’s Admissions Committee uses the following criteria to evaluate each applicant’s completed application.

• Commitment to life-long learning.
• Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
• Readiness to function as an actively involved learner.
• Commitment to full participation and completion of the Program.
• High School Diploma/GED or its equivalent OR evidence of a Bachelor’s degree or higher.
• For applicants whose native language is other than English, a minimum TOEFL score of 560 on the paper test, 220 on the computer test, or a total score of 83 on the internet-based test (with a minimum of 20 on each of the four test components).
APPLICATION TO CONSCIOUSNESS, HEALTH, AND HEALING: A TEN-MONTH CERTIFICATE PROGRAM IN ADVANCED SPIRITUAL PSYCHOLOGY (CHH)

USM accepts only 255 highly qualified students each year. Classes begin once a year in October and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program.

Applicants must provide proof of a high school diploma, GED credential, or copy of a bachelor's or advanced degree with their application. There is a $100 Application fee required for CHH Application processing.

The online Application may be accessed from the USM Web site by visiting www.universityofsantamonica.edu/admissions.

CHH ADMISSIONS CRITERIA

For acceptance to Consciousness, Health, and Healthing, the University of Santa Monica's Admissions Committee will use the following criteria to evaluate each applicant's completed application:

• Commitment to growth and life-long learning.
• Successful completion of the Soul-Centered Living Certificate Program in Spiritual Psychology.
• High School Diploma/GED or its equivalent OR evidence of a bachelor’s degree or higher
• Intention to participate in the classroom in ways that contribute value to the learning experience of other students.
• Demonstrated mastery in working with the Goal Line and Soul Line.
• Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
• Commitment to full participation and completion of the Program.
• For applicants whose native language is other than English, a minimum TOEFL score of 560 or more on the paper test, 220 on the computer test, or a total score of 83 on the Internet-based test (with a minimum of 20 on each of the four test components).
Application to Certificate Program in Soul-Centered Professional Coaching

Space in this Program is limited. Classes are held January–June, plus one week in the summer. Application for the Program is due on the first of November preceding the beginning of classes.

Applicants must provide proof of a high school diploma, GED credential, or copy of a bachelor’s or advanced degree with their application. There is a $100 Application fee required for SCPC Application processing.

The online Application may be accessed from the USM Web site by visiting www.universityofsantamonica.edu/admissions.

SCPC Admissions Criteria

For acceptance to Soul-Centered Professional Coaching, the University of Santa Monica’s Admissions Committee will use the following criteria to evaluate each applicant’s completed application:

- Commitment to growth and life-long learning.
- Successful completion of all coursework in USM’s two-year Program in Spiritual Psychology.
- High School Diploma/GED or its equivalent OR evidence of a bachelor’s degree or higher
- Intention to participate in the classroom in ways that contribute value to the learning experience of other students.
- Demonstrated mastery in working with the Goal Line and Soul Line.
- Demonstrated emotional/psychological maturity and professional preparedness to successfully complete a rigorous professional training program and to step forward as a professional Soul-Centered Life Coach.
- Commitment to full participation and completion of the Program.
- For applicants whose native language is other than English, a minimum TOEFL score of 560 or more on the paper test, 220 on the computer test, or a total score of 83 on the Internet-based test (with a minimum of 20 on each of the four test components).
YOU’RE INVITED!

**Soul-Centered Living Information Evenings**

USM's complimentary Information Evenings—*What is Soul-Centered Living: An Introduction to Spiritual Psychology*—provide an excellent opportunity to learn more about **Soul Centered Living: A 10-Month Certificate Program in Spiritual Psychology**, meet the faculty, and talk with current students and graduates.

To RSVP for an upcoming evening, visit [www.universityofsantamonica.edu/events](http://www.universityofsantamonica.edu/events).
Financial Policies, Tuition & Fees
**Tuition Information**

**Employer Assistance With Tuition**
Many employers underwrite programs to assist employees with their educational expenses. The University of Santa Monica encourages students to seek educational assistance from their employer. The University will gladly prepare any reports or other information necessary to meet the requirements of such programs.

**University’s Right to Modify or Change Financial Policies**
The tuition and fee information published in these Financial Policies is in effect for students entering the University’s Programs in the Program Year 2017–2018. For specific tuition and fee information, please call the University’s Finance Office.

The University of Santa Monica reserves the right to make additions, deletions, and modifications to the tuition, fees, and refund policies as listed. While every effort is made to ensure the accuracy of the information published, the University reserves the right to effect changes without notice or obligation. Notices of such changes are widely distributed on campus.

**Tuition Payments**
Tuition for USM's Certificate Programs may be paid in one of two ways:

1. **Payment in Full**
   Payment in full for the Program can be made via credit card or check. Please note that the University does not accept postdated checks.

2. **Monthly Payment Schedule**
   To facilitate the most grace and ease for students in paying their tuition and for staff in processing the payments, the University of Santa Monica utilizes a user-friendly Pay-As-You-Go Tuition Payment Program. This program allows for tuition to be remitted automatically on a monthly basis; tuition is due on the 15th of the month preceding the class weekend.

   Students have the choice of rendering their payments via automatic charges to their debit or credit cards (MasterCard, Visa, or American Express) or automatic debits to their checking accounts.
Soul-Centered Living Program and Costs

SOUL-CENTERED LIVING PROGRAM

Monthly Tuition of $1,240 for the 10 Months  $ 12,400
(October prepaid by Registration Deposit)
  For the nine months of Class Weekends
  For the Summer Lab

Application Fee (Non-Refundable)  100
Student Tuition Recovery Fund Fee  0

Total Program Cost  $ 12,500

The monthly payment schedule for the Certificate Program in Soul-Centered Living is as follows:

MONTHLY PAYMENT SCHEDULE

<table>
<thead>
<tr>
<th>CLASS</th>
<th>TUITION</th>
<th>DUE DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>OCTOBER</td>
<td>$1,340</td>
<td>Due at time of Registration</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Includes the $100 Application Fee</td>
</tr>
<tr>
<td>NOVEMBER</td>
<td>$1,240</td>
<td>October 15</td>
</tr>
<tr>
<td>DECEMBER</td>
<td>$1,240</td>
<td>November 15</td>
</tr>
<tr>
<td>JANUARY</td>
<td>$1,240</td>
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<tr>
<td>JULY LAB</td>
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<td>June 15</td>
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Life Mastery & Soul-Centered Living Program Tuition and Fees

Life Mastery & Soul-Centered Living Program Tuition

Monthly Tuition $1,340
(October prepaid by Registration Deposit)
For the nine months of Class Weekends
For the Six-Day Retreat
10 Months of Classes x $1,340 $13,400
Retreat Room & Board (estimated) $1,500

Total Life Mastery & Soul-Centered Living Program $14,900

The monthly payment schedule for the Certificate Program in Life Mastery & Soul-Centered Living is as follows:

Monthly Payment Schedule

<table>
<thead>
<tr>
<th>CLASS</th>
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<tbody>
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<td>$1,340</td>
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<td>Includes the $100 Application Fee</td>
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<tr>
<td>July Lab</td>
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</table>
Consciousness, Health & Healing
Program Tuition and Fees

Consciousness, Health & Healing Program

Monthly Tuition of $1,410 for the 10 Months $ 14,100
(October prepaid by Registration Deposit)

Application Fee (Non-Refundable) 100
Textbooks (estimated) 295

Total $ 14,495

Audit Tuition of $1,060 for the 10 Months $ 10,600

The monthly payment schedule for the Certificate Program in Consciousness, Health & Healing is as follows:

Monthly Payment Schedule

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<tr>
<th>CLASS</th>
<th>TUITION</th>
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<tbody>
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<tr>
<td>July Lab</td>
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<td>June 15</td>
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</tbody>
</table>
Soul-Centered Professional Coaching Program
Tuition and Fees

SOUL-CENTERED PROFESSIONAL COACHING PROGRAM

Monthly Tuition of $2,150 for the 7 Months  $ 15,050
(January prepaid by Registration Deposit)

   For the six months of Class Weekends
   For the Six-Day Lab

Application Fee (Non-Refundable)  100
Student Tuition Recovery Fund Fee  0
Textbooks (estimated)  295

Total Program Cost  $ 15,445

The monthly payment schedule for the Certificate Program in Soul-Centered Professional Coaching is as follows:

MONTHLY PAYMENT SCHEDULE

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<thead>
<tr>
<th>CLASS</th>
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<tr>
<td>JANUARY</td>
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<td>Due at time of Registration</td>
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<td>Includes the $100 Application Fee</td>
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<td>FEBRUARY</td>
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<td>MARCH</td>
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<tr>
<td>JULY LAB</td>
<td>$2,150</td>
<td>June 15</td>
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</tbody>
</table>
Administrative Fees

**APPLICATION FEE $100**
This fee is charged for the purpose of establishing and maintaining a student file.

Application Fees must accompany the Registration Deposit. Applications received without the required fee will not be processed. A separate Application and Application Fee are required for each Program.

**LATE APPLICATION FEE $200**
If the student’s Application is not complete by the first day of class, a $200 late fee is charged to the student.

**REPLACEMENT STUDENT I.D. CARD FEE $5**
This fee is charged for replacing a student’s I.D. card.

**RETURNED CHECK FEE $25 PER OCCURRENCE**
This fee is charged for paper and electronic checks returned from a bank regardless of reason, i.e., insufficient funds, closed accounts, etc.

**OFFICIAL TRANSCRIPT FEE $5 EACH COPY**
This fee is charged for each requested copy of a student’s transcript. All financial obligations to the University must be met before any degree, certificate, or transcript can be issued.

**AUDIT TUITION**
Please contact the Office of Admissions for eligibility and tuition rates.
Refund Policies

These policies apply to refunds of tuition and other fees.

**Student’s Right to Cancel**

1. You have the right to cancel your agreement for a program of instruction, without any penalty or obligations, through attendance at the first class session or the seventh calendar day after enrollment, whichever is later. After the end of the cancellation period, you also have the right to stop school at any time; and you have the right to receive a pro rata refund if you have completed 60 percent or less of the scheduled days (or hours) in the current payment period in your program through the last day of attendance.

2. Cancellation may occur when the student provides a written notice of cancellation at the following address: University of Santa Monica, 2107 Wilshire Blvd, Santa Monica, CA 90403. This can be done by mail or by hand delivery.

3. The written notice of cancellation, if sent by mail, is effective when deposited in the mail properly addressed with proper postage.

4. The written notice of cancellation need not take any particular form and, however expressed, it is effective if it shows that the student no longer wishes to be bound by the Enrollment Agreement.

5. If the Enrollment Agreement is cancelled, the school will refund the student any money he/she paid, less a registration or administration fee not to exceed $250, within 45 days after the notice of cancellation is received.

**Withdrawal From the Program**

You may withdraw from the school at any time after the cancellation period (described above) and receive a pro rata refund if you have completed 60 percent or less of the scheduled days (or hours) in the current payment period in your program through the last day of attendance. The refund will be less a registration or administration fee not to exceed $250, and less any deduction for equipment not returned in good condition, within 45 days of withdrawal. If the student has completed more than 60 percent of the period of attendance for which the student was charged, the tuition is considered earned and the student will receive no refund.
For the purpose of determining a refund under this section, a student shall be deemed to have withdrawn from a program of instruction when any of the following occurs:

- The student notifies the institution of the student’s withdrawal or as of the date of the student’s withdrawal, whichever is later.

- The institution terminates the student’s enrollment for failure to maintain satisfactory progress; failure to abide by the rules and regulations of the institution; absences in excess of maximum set forth by the institution; and/or failure to meet financial obligations to the School.

- Failure to return from a leave of absence.

For the purpose of determining the amount of the refund, the date of the student’s withdrawal shall be deemed the last date of recorded attendance. The amount owed equals the daily charge for the program (total institutional charge, minus non-refundable fees, divided by the number of days in the program), multiplied by the number of days scheduled to attend, prior to withdrawal.

For programs beyond the current “payment period,” if you withdraw prior to the next payment period, all charges collected for the next period will be refunded.

If any portion of the tuition was paid from the proceeds of a loan or third party, the refund shall be sent to the lender, third party or, if appropriate, to the state or federal agency that guaranteed or reinsured the loan. Any amount of the refund in excess of the unpaid balance of the loan shall be first used to repay any student financial aid programs from which the student received benefits, in proportion to the amount of the benefits received, and any remaining amount shall be paid to the student. If the student has received federal student financial aid funds, the student is entitled to a refund of moneys not paid from federal student financial aid program funds.

**INSTRUCTIONAL MATERIALS**

Once purchased, books and other instructional materials are the property of the student. The University of Santa Monica makes no refunds on such materials and accepts no returns.
You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and

2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or

2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in an educational program who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary and Vocational Education.
You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.

2. The school’s failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.

3. The school’s failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.

4. There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.

5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.
Addendum
When we, as human beings, look out at the world, we cannot help but wonder what we are doing here and what, if anything, is our purpose. We experience ourselves operating in a physical world reality and yet are also aware of ourselves as having mental, emotional, and, sometimes, Spiritual experiences.

Until recently, the field of psychology tended to identify its area of concern as the field of behavior and/or the personality, which has been conceived as the interplay between the mental and emotional levels of consciousness. In this system, individuals are assisted in navigating away from unhealthy thinking patterns, related emotional reactivity, and inappropriate behavior, and toward positive mental habits, appropriate emotional responses, and effective behavior. This movement from negative to positive polarity has been associated with moving toward a productive and fulfilling life as played out in the physical world. When these assumptions are coupled with appropriate interventions, the results can, in fact, be quite effective.

These days, however, greater numbers of people are asking questions of a more fundamental nature. We want to know who we are at a level far deeper than that promised merely by success in the material world.

And as scholars, poets, and wise people in general have been saying for centuries, there is a deeper level within each of us that we refer to as the Authentic Self or Soul, the Spiritual dimension of human consciousness. This is the level of awareness that people who meditate seek to explore, and (as those who say they have succeeded report) all that is ever found there are Peace, Love, Joy, and Infinite Compassion. It is at this level that we, as human beings, begin to experience who we truly are as Spiritual Beings with Spiritual purpose independent from the personality dictates of the mind and emotions.

How, then, are we to proceed if we are going to concern ourselves with a psychology that goes beyond the personality? We call this field Spiritual Psychology. It is a field pioneered, innovated, and masterfully developed by Drs. Ron and Mary Hulnick at the University of Santa Monica — Worldwide Center for the
Monica, and it is why USM is the recognized authority and Worldwide Center for the Study and Practice of Spiritual Psychology.

It would appear that such a study would require knowledge of every individual’s divine purpose in order to determine a particular course of action that would best serve each person. And perhaps such knowledge is precisely the direction in which we are moving. As with any good mystery, it is impossible to know where we are going before we get there, as the journey itself is revelational.

In more than 35 years of working with the Principles and Practices of Spiritual Psychology, we have found ways of learning to be with each other, both in terms of Soul-Centered skills and attitudes that lead toward experiencing the deeper divine levels of wholeness and inner fulfillment while, at the same time, enhancing the outer quality of people’s lives.

These skills and attitudes include working with the creative power of Intention, the healing power of Unconditional Loving and Forgiveness, and the peaceful power of Acceptance. We have found ways of developing beyond the five-sense modality into the sixth sense of intuition and the seventh sense of direct knowing. We are learning how the physical body responds to mental and emotional input, and we are reaping the rewards associated with Heartfelt expressions of Gratitude and Service. We are also learning how to spend more time at the Authentic Self level, where we reside in Unconditional Loving and Healing truly occurs.

At the University of Santa Monica, we recognize the fundamental Spiritual reality and purpose of human existence and define Spiritual Psychology as the art and practice of Awakening in Consciousness. And whether we know our purpose or not, the assumption of purpose provides us with a universal value system independent of culture and religion. Such a system recognizes the unique contribution of every individual based on the premise of each person’s God-given right to realize his or her Spiritual destiny. It is exciting to consider the possibility, through Spiritual Psychology, that humans may at last find their rightful place among the stars.
A Message From USM’s Founder

It is time we place the spiritual energy down into the physical world, and the way to do this is through education. We shall teach and learn to cure ourselves rather than alleviate symptoms. We shall transcend to the point of going through something for the last time. Completion will be a part of the spiritual ecology.

Education will be taught from divergent points of view. We shall have those teachers who can evoke from students the level of consciousness of knowing. Teachers and students alike shall be reaching for that next plateau of consciousness, regardless of what God we worship and how great we think we are. We are going to open the next level to eternal traveling consciousness.

The education of the new age is transcendental. It is education where you do not fail, where individual difference is recognized and considered holy. We do not allow individual students to fall out because they cannot sustain the energy of holding onto a subject matter. If necessary, the whole group stops and counsels in order to raise the enthusiasm and interest. In other words, we shall elevate the consciousness of learning.

Through the University of Santa Monica, a Wisdom School will effect realization of truth beyond the verbal level. Each student and teacher will become truth. Part of the educational process is to understand who you are as a being on this planet. The last frontier is inner space—reaching the truth that you are. We shall take the truth of any approach, but we are not interested in people standing up and talking about truth. We shall have people who reveal the truth of their beingness. That shall be the teacher of the new age.

We shall be able to see the evolutionary scale of the students and what they need at this moment in their own transfiguration, in their own translation, in their own transcendental education. New vistas will be opened, permitting entry into the consciousness of Love.

The thrill of the University of Santa Monica will be learning functional information that is readily usable. Students shall learn how to live in this world, to be in the here and now, and be involved in the unique process of spiritualizing themselves.
The University of Santa Monica is going to be based on a foundation that is a process of Love where everybody is teaching and learning, and somebody is guiding the information. We will teach and learn from the center of Love.

We shall bring in students who will go through the difficult but necessary transcendence of the mechanical level, and who will finally answer that inner call that shall evoke their beingness. If you participate in this process of transcendence, you will know what education truly is, because you as the student will then become education; you then become meditation; you then become all things and you become nothing; you make nonsense and you make all sorts of sense; you become a paradox to the profane and you become a wayshower to those who are looking; and those who are there find in you the oneness. It shall be difficult, but to whom much is given, much is expected.

When you get a certificate at the University of Santa Monica, it won’t be that you passed a prescribed line of study—it will be that you can do what it says you can do.

— 1976

John-Roger, Founder and Chancellor
1934 – 2014
A Message From Our Co-Directors

Throughout recorded history, those aware of themselves as travelers upon a spiritual journey have always pondered an essential question: “How can I live a loving, fulfilling, and productive life in this world while being true to my spiritual quest?” The University of Santa Monica specializes in the practical application of universal spiritual teachings in everyday life, and we continually use this question as a reference point for the relevancy of our educational process. No matter how many times we ask this question, we always arrive at the same answer: “I can be true to both aspects of my journey, first and foremost, by learning to reside in the Unconditional Love that is the Essence of who I am and then by sharing that Love in my relationships with others—as well as by demonstrating integrity and excellence in all my endeavors.”

Thus, the arena of Spiritual Psychology emerges as a common denominator bridging the spiritual and that aspect of the spiritual we often refer to as the physical world. We are constantly rediscovering that by enhancing and refining our relationship with our Self and others, we—USM students, faculty, staff, and volunteers alike—experience relevancy, meaning, friendship, and fellowship. It is the educational process of refining our relationships with our Authentic Self, Spirit, others, and the world that results in achieving program competencies.

In particular, we are confirming the principle that the content of what we share with each other is far less important than the context of “how” we share it. We are acknowledging the importance of our “state of awareness” as a filter for all communication. We are learning the art of “how” to more effectively approach each other for the maximum benefit of all concerned.

Another area we find ourselves involved in is that of meaningful and enduring universal human values. We see ourselves strengthening our individual integrity by accepting personal responsibility for our choices and our own inner environment and honoring our agreements with our Self and others. We are acutely aware of the need to provide relevant educational experience, which empowers students to successfully make their way in the world with
awareness that they are Divine Beings having a human experience.

As we move forward, our basic challenge remains one of providing an educational environment within which students and teachers alike are discovering our own answers to these essential questions:

1) Who Am I?
2) What Is My Purpose?
3) How Can I Make a Meaningful Contribution?

At the same time, we are developing and applying principles, skills, and strategies for being personally effective within the context of current global reality.

By carefully blending universal Spiritual values with practical skill development, we enthusiastically look ahead with a willingness to be responsive to the needs of the future. An Unconditionally Loving attitude is the ultimate competency. It is with this purpose in our hearts and minds that we offer the University’s current Programs.

– Drs. Ron & Mary Hulnick
USM’s History

The University of Santa Monica, formerly known as Koh-e-nor University, was founded in March of 1976 in Los Angeles. The inspiration for the University came from its Founder, distinguished educator, internationally known lecturer, and best-selling author, John-Roger. His vision was of a graduate school of the highest caliber, where students across the globe could come learn how to live in this world, be in the here and now, and be involved in the unique process of spiritualizing themselves.

In 1978, John-Roger met Dr. H. Ronald Hulnick and Dr. Mary R. Hulnick, both of whom were on the faculty of New Mexico State University in the Department of Counseling and Educational Psychology, where they trained professional counselors at the master’s and doctoral levels. For the next two years, the Hulnicks and John-Roger shared a continuing dialogue about educational philosophy and the importance of practical mastery education. These three noted educators found they shared a dream of enlivening, relevant, Soul-Centered education and committed to working together to bring forward an educational institution based on these values-centered precepts.

The Hulnicks envisioned an internationally known graduate school serving students from diverse backgrounds whose educational and professional objectives were different from those usually met by higher education institutions. Their focus was on relevant information practically applied within a context of cooperation, support, and caring. This approach tends to result in a synergistic learning environment where high achievement standards are attained and maintained.

In September of 1981, the first students were admitted.

Through their diligence, enthusiasm, sustained effort, and firm belief in Soul-Centered education, the Hulnicks have co-created a dynamic educational institution emphasizing relevant, usable information, skills, and experiences designed to support each student in greater demonstration of mastery and excellence in their lives.

In 1992, the University recognized a refinement of its mission and began referring to itself as the Center for the Study and Practice of Spiritual Psychology. On July 1, 1992, the University received approval from the California State Department of Education to offer a Master’s Program in Counseling Psychology with an Emphasis in Spiritual Psychology, which fulfilled the educational requirements for licensing as a Marriage and Family Therapist in California.

In 1997, USM launched another leading-edge program: the M.A. Program in Spiritual Psychology with an Emphasis in Consciousness, Health, and Healing. This Program is uniquely designed and focuses on the place where psychology and spirituality interface with consciousness, health, and healing.
USM received approval from the state to offer a Doctoral Program, the Psy.D. in Counseling Psychology with an Emphasis in Spiritual Psychology, in March 2005. In 2006, USM was approved to offer its second Doctorate: the Psy.D. in Spiritual Psychology with an Emphasis in Soul-Centered Leadership.

In 2008, the University focused its energies into designing and planning to launch an online classroom in order to reach a wider audience. These non-degree seminars and classes were offered in addition to the residential Master of Arts Programs in Spiritual Psychology.

In 2008, in service to coalescing the University’s resources behind the vision of serving many more people throughout the world through a distance learning format, USM decided to no longer offer its Counseling Psychology Program. The University phased out its CP Program gradually, “teaching out” and graduating its last group of Counseling Psychology Master’s students in August 2009.

USM launched the Soul-Centered Professional Coaching Program in 2013. This seven-month Program for graduates of the Spiritual Psychology Program provides coach-specific training and prepares graduates to be Soul-Centered Professional Coaches facilitating authentic success on both the Goal Line and Soul Line of life.

On February 17, 2014, the University made history by launching the USM Online Program comprised of two interactive courses, An Introduction to Spiritual Psychology and Loyalty to Your Soul®—Foundations, as well as a companion membership Web site, the USM Worldwide Soul Center. This robust interactive offering supports the University’s Mission of communicating the Principles and Practices of Spiritual Psychology worldwide. Twelve countries were represented in the First Flight of the new online courseware.

In 2015, the University streamlined the academic offerings by deciding to cease enrolling new students in the Master’s Degree Programs. In the 2015–2016 academic year, the continuing students enrolled in the M.A. Programs in Spiritual Psychology and Consciousness, Health, and Healing participated in the teach-out of these Programs.

The University also launched a new 10-month Certificate of Completion Program in Soul-Centered Living I, which began accepting new students in the Fall of 2015. In July 2017, the University was approved to offer a 10-Month Certificate Program in Life Mastery & Soul-Centered Living.

Today, the University has more than 5,600 graduates who are living examples of Soul-Centered education. With Soul-Centered Living, USM’s Certificate Programs in Spiritual Psychology™, this unique, transformational education is available to more people than ever before.
Educational Policies

**Student Responsibilities**
The policies concerning one’s program of study are to be read carefully and referred to regularly. Students are encouraged for their own protection to become familiar with all University of Santa Monica policies regarding their program of study.

**Class Attendance**
Students are required to attend all classes. It is the student’s responsibility to notify the Student Services Representative at the University office prior to the class weekend for any unavoidable absences.

Please note that students must attend the entire October weekend or the November makeup class in the Soul-Centered Living Program. No exceptions will be granted.

**Attendance: Active And Relevant Participation**
Active involvement and participation are keys to receiving value in any Program taken at USM. Because the content and experience of the weekend classes and six-day Labs are carefully designed in a sequential way and result in cumulative effects, full attendance—participating in the entire weekend or Lab—and arriving on time for each class session are necessary in order to successfully complete the Program and receive the Certificate of Completion.

Weekend classes, including the Lab, begin at 7 p.m. on Friday and end no later than 7:30 p.m. on Sunday or no later than 6 p.m. on Wednesday of the Lab. Please make your travel arrangements so you arrive with enough time to be present in class when it begins and so you can depart after the class is over. That way, you can receive the value of being present for all the information and every process.

**ALL SESSIONS WILL BEGIN PROMPTLY AT THE TIMES DESIGNATED. PLEASE BE ON TIME!** Your presence is important! It is the way you make yourself available to the learning process. If, for some reason, you find that you must be absent from any part of the weekend, it is essential that you notify the USM office in advance at (310) 829-7402. Ask to speak with the Student Services Representative. If something comes up unexpectedly during a class, then speak with one of the faculty. You are important! We care about you and appreciate your consideration in contacting us regarding any absence. In this way, we can anticipate your absence, and you can arrange to obtain relevant materials you might otherwise miss.
**Missed Class Time Policy**

Students are expected to attend all class weekends and the Labs or Retreats in full, which includes all class sessions. However, from time to time, exceptions due to illness or death in the immediate family are evaluated and approved on a case-by-case basis. It is the student’s responsibility to notify the Student Services Representative prior to class if he/she will be absent due to extenuating circumstances.

Please note that reasons of a purely personal nature are not an approved absence, and students who miss class time for personal reasons are jeopardizing their ability to successfully complete the Program. In addition, students who miss a class weekend or a significant portion of time within a class weekend will be required to make up the time missed from that weekend in order to receive their Certificate of Completion. More specific information will be shared with the student at the appropriate time.

If a class weekend, or any portion thereof, is missed, the student is still responsible for the tuition for that class weekend. If more than one weekend during the course of the ten-month Certificate Programs is missed, the student will be discontinued from the Program. Please note that missing any time during the Summer Lab or Retreat is not an option and may jeopardize a student’s ability to successfully complete the Program and receive a Certificate of Completion.

Due to the professional nature of the Soul-Centered Professional Coaching Program, missing any time during the seven-month Program is not an option and may jeopardize a student’s ability to successfully complete the Program and receive a Certificate of Completion.

In accordance with State regulations, attendance is monitored throughout the weekend. If you are unexpectedly absent, USM faculty will contact you regarding your absence. You are important! We care about you and appreciate your consideration in contacting us prior to class regarding any absence.

**Truth in Information**

The University of Santa Monica relies upon the statements made and documents supplied by its applicants and students. If discrepancies appear between statements or documents provided to the University and information otherwise obtained, applicants may be disqualified for admission and students may be dismissed without recourse.

Please note that USM reserves the right to withdraw an offer of admission to its Programs if it finds there has been a misrepresentation by the applicant in the admissions process or if the University learns that the applicant has engaged in behavior prior to matriculation that indicates a lack of judgment, ethics, or integrity.
USM further reserves the right to require the applicant to provide additional information (and/or authorization for the release of information) about any such matter.

**Nondiscrimination Policy**
The University of Santa Monica, in compliance with Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendment of 1972, Section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975, does not discriminate on the basis of race, color, national or ethnic origin, age, gender, sexual orientation, disability (mental or physical), or any other consideration made unlawful by Federal, State, or Local laws, in any of its policies, procedures, or practices. This nondiscrimination policy covers all of the University’s Programs and activities, including, but not limited to, admissions, educational and financial policies and services, and other school-administered programs.

**Accommodating Students With Disabilities**
The University of Santa Monica is in compliance with the Americans with Disabilities Act, Section 504 of the Rehabilitation Act, and state and local regulations regarding students and applicants with disabilities. A disability is a physical or mental impairment that substantially limits one or more of the major life activities of the individual. USM’s admissions decisions are made using criteria independent of an applicant’s disability. Students with disabilities desiring to enroll in the Program at USM must be able to meet the admission standards of the University.

USM will make efforts to provide reasonable accommodations to qualified individuals with disabilities, to the extent that such accommodations are readily achievable. Though the University takes the needs of students with disabilities seriously, it is not able to guarantee that all services requested can or will be provided. Specifically, accommodations that are unduly burdensome or that fundamentally alter the nature of the service, program, or activity may not be entertained.

Students with disabilities who require accommodations must make those needs known to the Office of Admissions at the time of application. For more information, please contact the Office of Admissions.
Educational Policies

TOEFL
The Test of English as a Foreign Language (TOEFL) is required for all applicants whose native language is not English as part of the Application for Admission. Minimum TOEFL scores for admission are 560 on the paper test, 220 on the computer test, or a total score of 83 on the Internet-based test (with a minimum of 20 on each of the four test components). For more information about TOEFL, call (609) 771-7100 or access their Web site at www.ets.org/toefl.

Administrative Issue Resolution Policy & Procedures
Students are encouraged to discuss issues, concerns, or complaints directly with the University’s Student Advisor, Managing Director of Finance and Administration, or with faculty. If resolution is not reached, students are requested to put their issue, concern, or complaint in writing and follow the Formal Issue Resolution Procedures below. A review of the student’s communication, University policies and procedures, as well as legal implications, and response to the student will take place within the time frame indicated below.

The following guidelines prescribe the manner in which grievances are handled:

An “issue, concern, or complaint” shall be defined as an alleged misapplication of institutional policies or procedures. Procedures for the resolution of issues, concerns, or complaints provide a route of appeal through administrative channels and to the Board of Trustees, if necessary.

All matters related to an issue, concern, or complaint shall be kept confidential. Only those individuals directly involved in resolving the issue, concern, or complaint shall be informed of the issue, concern, or complaint.

All documents, communications, and records dealing with the issue, concern, or complaint shall be placed in an institutional issue resolution file. No such material shall be placed in a student’s file.

No reprisals shall be taken against any participant in an issue resolution procedure by reason of such participation.

Time limits specified in these procedures may be reduced or extended in any specific instance by written mutual agreement of the parties involved. If specified or adjusted time limits expire because the University fails to act within the time limits governing its actions, the issue, concern, or complaint may proceed to the next step.

Any issue, concern, or complaint not taken to the next step by the person filing the issue, concern, or complaint within prescribed time limits shall be considered settled on the basis of the answer given at the preceding step.
INFORMAL ISSUE RESOLUTION
The person filing the issue, concern, or complaint is encouraged to resolve the issue, concern, or complaint informally. Formal issue resolution procedures shall not be initiated unless informal efforts to resolve the issue, concern, or complaint have been exhausted and the student has provided a written description of such efforts.

FORMAL ISSUE RESOLUTION PROCEDURE—STEP 1
If an issue, concern, or complaint has not been satisfactorily resolved by informal procedures, the student may file in writing with the immediate instructor or Director of Education Administration within 60 days of the act or event that is the subject of the grievance.

Within ten working days of receiving the issue, concern, or complaint, the immediate instructor or Director of Education Administration shall conduct any necessary investigation and meet the student in an effort to resolve the issue.

The instructor or Director of Education Administration shall present all concerned parties with a written response to the issue, concern, or complaint within fifteen working days after the meeting.

FORMAL ISSUE RESOLUTION PROCEDURE—STEP 2
If an issue, concern, or complaint has not been satisfactorily resolved at Step 1, the student may file in writing with the President within five working days of receiving the response at Step 1. All information presented at Step 1 shall be included with the issue resolution, and the instructor or the Director of Education Administration shall submit to the President a report describing attempts to resolve the issue, concern, or complaint at Step 1.

Within ten working days of receipt of the report on Step 1 procedures, the President shall conduct any necessary investigation and meet with the student in an effort to resolve the issue, concern, or complaint.

The President shall present all concerned parties with a written response to the issue, concern, or complaint within fifteen working days after the meeting.
**Educational Policies**

**Formal Issue Resolution Procedure—Step 3**

If an issue, concern, or complaint has not been satisfactorily resolved at Step 2, the student may file a written appeal to the Board of Trustees within five working days of receiving the response at Step 2. All information presented at Steps 1 and 2 shall be included with the appeal, and the President shall submit to the Board a report describing attempts to resolve the issue, concern, or complaint at Step 2.

An appeal hearing shall be held at the next regularly scheduled Board meeting that falls at least 12 days after the appeal is filed. The Board shall make its decision within 30 days of the hearing and shall mail its decision to all concerned parties. The Board’s decision shall be final.

If issue resolution is not reached, the student can contact the Bureau for Private Postsecondary Education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, www.bppe.ca.gov, toll-free telephone number (888) 370-7589 or by fax (916) 263-1897.

**Student Records**

Student records will be maintained at the school site for five years from the last date of attendance. Transcripts are maintained permanently. Please contact the Registrar's Office for a copy of your student record or transcript.

**Program Termination**

A student may be terminated from the Program if a student’s behavior in the educational settings is disruptive to the learning process of others. Students are expected to have emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.

**Discontinuation From a Program**

Students may decide to discontinue their participation in the Spiritual Psychology Program at any time. For information on refund policies, see the Financial Policies included in this Catalogue.
**Leave of Absence and Five-Year Eligibility of Completion**

This guideline has been established so that students who graduate from USM’s Programs are current with the information, skills, and practices taught as the curriculum content continues to evolve.

A maximum of five (5) years from the original date of enrollment is allowed to complete the Program. For further clarification, please contact the Office of Admissions.

Depending upon when the student discontinues from the Program during SCL I, a returning student has the option to:

1. Register and begin taking classes in the month he/she discontinued the Program; or

2. Audit (paying applicable audit tuition rates) any previously completed months up to the month he/she discontinued, then register as a regular student at the point of prior discontinuation.

**Family Educational Rights and Privacy Act**

The Family Educational Rights and Privacy Act of 1974, better known as the Buckley Amendment of FERPA, provides generally that:

1. Students shall have the right of access to their educational records.

2. Educational institutions shall not release educational records to nonschool employees without consent of the student.

“Students” as used in this notice also includes former students. Written consent of the student is required before the University can release information concerning the student to prospective employers, government agencies, credit bureaus, etc.

**Statement of Responsibility**

University of Santa Monica Programs are educational, not therapeutic. It is anticipated that students may find mental/emotional issues surfacing during their involvement in the Program. All students are expected to have the emotional maturity required to handle the experiential parts of the Program. Students are encouraged to develop their personal resources through learning to work their process (skills taught throughout the Program), to make friends and become part of the support network that exists among their classmates, and to utilize professional assistance when necessary to aid them in coping with the demands of the Program.
“The Buddhas and the Christs are born complete. They neither seek love nor give love, because they are love itself. But we who are born again and again must discover the meaning of love, must learn to live love as the flower lives beauty.”

—Henry Miller
The University of Santa Monica faculty is composed of highly qualified professionals who have been attracted by the philosophy and objectives of the University. Many have taught or are currently teaching at other institutions, and all have participated in the University’s Program in Spiritual Psychology. Some are at the forefront in the emerging field of Spiritual Psychology and the Spiritual Awakening of human consciousness.

All University faculty are highly qualified professionals who bring to their teaching a strong educational background enhanced by practical professional experience in their specialized fields. The faculty at the University of Santa Monica are committed to empowering students in the revelation of their Authentic Self and in living more in alignment with their Soul’s purpose.

Each faculty member has been selected with great care. Some of the criteria utilized in the selection process are:

1. thorough knowledge and direct experience in the area of instruction;
2. appropriate educational and professional credentials;
3. commitment to and involvement in continuing their own education;
4. a dedication to expanding self-awareness; and
5. a recognition of the life-long process of learning.

Some University faculty are full-time and others are part-time. Faculty roles include facilitators and presenters.

H. Ronald Hulnick, Ph.D.
State University of New York at Binghamton – B.A., 1961
Long Island University – M.S., 1965
New Mexico State University – Ph.D., 1978
Licensed Marriage and Family Therapist – California

Mary R. Hulnick, Ph.D.
Morningside College – B.A., 1966
Iowa State University – M.S., 1968; Ph.D., 1971
Licensed Marriage and Family Therapist – California
Licensed Psychologist – California

Licia Rester-Frazee, M.A., MFT
Loyola Marymount University – B.A., 1985
University of Santa Monica – M.A., 2008
Licensed Marriage and Family Therapist – California

Marie Beech, Psy.D.
University of Santa Monica – M.A., 1994
Ryokan College – Psy.D., 1996
Licensed Psychologist – California

Alana Arthur-Chee
California State University, Fresno—B.A. 1998
University of Santa Monica – M.A., 2008

Stephen Chee, M.D.
Oregon Helath & Science University—M.D. 2001
University California, Los Angeles—M.P.H. 2004
University of Santa Monica – M.A., 2009
Certification: Family Medicine
H. Ronald Hulnick, Ph.D.
President
State University of New York at Binghamton – B.A., 1961
Long Island University – M.S., 1965
New Mexico State University – Ph.D., 1978
Licensed Marriage and Family Therapist – California

Mary R. Hulnick, Ph.D.
Chief Creative Officer
Morningside College – B.A., 1966
Iowa State University – M.S., 1968; Ph.D., 1971
Licensed Marriage and Family Therapist – California
Licensed Psychologist – California

Cedi Ali Rajah
Online Education Media Editor & Production Coordinator
Morehouse College – B.A., 1997
University of Santa Monica – M.A., 2014

Leigh Briggin, C.P.A.
Chief Financial Officer
University of Missouri, Columbia – B.S., B.A., 1979
University of Santa Monica – M.A., 1990
Certified Public Accountant

Peggy Bularz
Receptionist & Executive Team Support
University of Santa Monica – COC, 2000

Nage Canchola
Online Education Archivist & Sound Engineer
Arizona State University — B.A., 1988

James Cox
Registrar
California State University, Los Angeles – B.A., 1989
University of Santa Monica – M.A., 2003

Shabnam Daei
Director of Finance
University of Santa Monica – COC, 2015

Cynthia Hamilton
Educational Materials Administrator
University of Santa Monica – M.A., 1998

Amy Hruby
Admissions Advisor
Westminster College – B.A. 1990
University of Santa Monica – M.A. 2001

John Hruby
Director of Event Production
Ohio University – B.S., 1990
University of Santa Monica – M.A., 1999

Ellen Karpenkova
Associate Graphic Designer & Assistant Receptionist
University of Santa Barbara – B.A., 2011
University of Santa Monica – M.A., 2012
Shannon Lloyd  
**Online Education Media Production Editor & Asset Coordinator**  
University of California, Los Angeles – B.A., 2002  
University of Santa Monica – M.A. expected 2016

Nancy O’Leary  
**Director of Education Administration**  
Boston College – B.A., 1976  
University of Santa Monica – M.A., 2000

Lisa Peake  
**Acting Marketing Director**  
**SCPC Program Director**  
University of California, Santa Cruz – B.A., 2005  
University of Santa Monica - M.A., 2007

Elisa Perry  
**Director of Human Resources**  
Intercontinental University – B.A., 2008  
University of Santa Monica – M.A., 2010

Lenore Perry  
**Marketing Graphic Designer & Administrator**  
University of Southern California – B.A., 1992  
University of Santa Monica – M.A., 2010

Michael Polek  
**Director of Information Services**  
Loyola University – B.S., 1990  
University of Maryland – M.S., 1994  
University of Santa Monica – M.A., 2000

Mary-Kate Proietta  
**Volunteer Resources Director**  
University of South Florida – B.S., 2007  
University of Santa Monica – M.A., 2012

Licia Rester-Frazee  
**Managing Director of Programs, Admissions & Marketing**  
Loyola Marymount University – B.A., 1985  
University of Santa Monica – M.A., 2008

Ashley Sloan  
**Admissions & Student Services**  
University of Kansas – B.S., 2005  
University of Santa Monica – M.A., 2013

Eliza Swords  
**Admissions Advisor—CHH**  
Occidental College – B.A., 2000  
University of Santa Monica – M.A., 2012

Kevin Walsh  
**Online Education Technology & Systems Designer**  
California Polytechnic State University – B.S., 2008  
University of Santa Monica – M.A., 2012
Symbolism of the USM Logo

GOLD FIGURE
The Divine Being having a human experience; consciously experiencing and radiating the Loving and Wisdom of the Authentic Self; the person who is living the ultimate competency, the Loving Consciousness.

Large Outer Circle
LIGHT OF KNOWING

Top Circle
SPIRIT OF WISDOM

Center Circle
KNOWLEDGE

Bottom Circle
UNDERSTANDING

TOUCH
SMELL
TASTE
INTUITION & DIRECT KNOWING

SIGHT
HEARING

(smell
intuition
&
direct
knowing
(6th and 7th senses now Awakening in more people))